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## Case Management Experience

Catherine is an Occupational Therapist, bringing skills and expertise generated across three decades of experience, including over 12 years as a Case Manager. She specialises in managing complex cases predominantly people with brain injury and also brings extensive experience working with clients within the areas of complex orthopaedic injury (including spinal cord injury), amputation and pain management. Catherine has also worked with adult clients with post-traumatic stress disorder, both acute and prolonged.

Through her career, Catherine has conducted thorough client assessments to ensure full and accurate determination of short and long-term care requirements and led the coordination and delivery of aligned rehabilitation and care packages. She has also led the planning and management of a wide variety of complicated discharges, ensuring smooth return to appropriate community settings. Catherine is proficient in providing impactful training to carers and families, empowering them with all necessary skills and expertise to provide robust care and support. Catherine maintains her continuing professional development via attending a variety of courses and conferences.

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## Specialisms

- Brain Injury
- Orthopaedics
- Amputation
- Pain Management
- PTSD
- Neurological Conditions
- Training
- Cerebral Palsy

## Qualifications

- Dip RCOT
- MSc Health Science

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## Professional Background

Catherine is a highly accomplished Senior Occupational Therapist with over three decades of broad clinical and managerial experience, spanning a comprehensive range of complex injuries and conditions. After graduating, Catherine obtained two years' experience within acute rehabilitation settings followed by three years working in the Middle East with children and adults with neurological conditions. This included managing the treatment of clients following strokes, spinal cord injuries and brain injuries and those with severe physical disabilities. Catherine worked with children with neurological deficits and congenital abnormalities.

Following this, Catherine returned to the UK, working with adults and children across the areas of stroke and brain injury rehabilitation, spinal cord injury, complex orthopaedic injuries, long-term neurological injuries and pain management. She subsequently operated as a Therapy Services Manager, during which time she supported the commissioning of a neurological rehabilitation unit and facilitated the development of therapy and children's service and an outreach concept between hospitals within the HCA Hospital group. In 2003, Catherine took on the role of Head of Occupational Therapy. Catherine currently provides a consultancy service to a brain injury charity and practices clinically through private work and locum work to keep her clinical skills relevant.



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## Professional Background Continued

Throughout her career, Catherine has developed a wealth of expertise in the management of physical and cognitive impairments, as well as extensive experience in staff and service development. Catherine is passionate about the benefits of peer support for those who have experienced a life changing injury or condition.

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### Career History

**Case Manager**

Harrison Associates  
(2009 - Present)

**Consultancy**

Rehab care (Brain Injury Charity)  
(2011 - Present)

**Occupational Therapist**

CML OT Consultant & Case Manager  
(2013 - Present)

**Head of Occupational Therapy**

Wellington Hospital  
(2003 - 2008)

**Therapy Services Manager**

Wellington Hospital  
(1999 - 2003)

**Therapy Services Manager**

Devonshire Hospital  
(1997 - 1999)

**Occupational Therapist**

1987-1997

### Memberships

- British & Irish Association of Occupational Therapists
- British Association of Brain Injury & Complex Case Management
- Case Management Society UK
- Health & Care Professions Council

### Ages Covered

- Adults & Paediatrics