

Case Management Experience

Natalie, a Neuro Physiotherapist with over 9 years of experience, has developed a specialised focus in stroke and various neurological conditions. Her expertise encompasses a wide range of patient care, including those discharged from major trauma units with spinal cord injuries and traumatic brain injuries, as well as patients from neurological rehabilitation units with conditions like Multiple Sclerosis, brain tumours, stroke, ataxia, cerebral palsy, Guillain-Barre syndrome, and Parkinson's. Natalie has also adeptly managed complex cases involving adult patients with traumatic brain injuries who developed secondary depression and social behavioural issues. She has worked with younger adults aged 15-25 with spinal cord injuries co-existing with eating disorders and mental health challenges, as well as older adults with Parkinson's who have vascular dementia.

Natalie collaborates closely with carers and personal assistants, developing tailored care packages that address each client's unique needs. This collaboration extends to working with multidisciplinary teams, ensuring effective communication and understanding of apraxia by personal assistants to optimize client communication methods. Her responsibilities include assessing patient care needs, determining the required number of carers for safe mobilisation and daily living activities, and providing regular feedback to social workers and teams. Natalie is also involved in writing reports for Continuing Healthcare (CHC) funding and participating in meetings to discuss patient care needs. Her experience in coordinating multidisciplinary teams is extensive, involving the management of stroke and neurological condition meetings with occupational therapists, neuropsychologists, speech and language therapists, and other specialists like Parkinson's or MS nurses. Natalie's commitment to professional development is evident in her ongoing participation in workshops and courses, ensuring her clinical and case management skills remain current and effective.

Specialism

- Brain Injury
- Spinal Injury
- Cerebral palsy
- Peripheral nerve damage
- Respiratory issues
- Care management
- Learning difficulties

Age group

- Adults
- Young people (16+)

Professional Background

Natalie's professional journey as a Neuro Physiotherapist spans primarily within the NHS. Her experience is extensive and varied, having worked in acute hospital settings across numerous medical wards. Her expertise covers a range of departments including rehab stroke units, ICU, HDU, respiratory, orthopaedic, and MSK outpatients. Additionally, Natalie has experience working on a neuro rehab unit and is currently an integral part of the community stroke and neurological rehab team. This diverse background in various healthcare settings has equipped her with a comprehensive understanding of different patient needs and rehabilitation techniques.

In her role as a specialist physiotherapist, Natalie has taken on leadership responsibilities, overseeing students and therapy assistants. She is actively involved in their professional development, conducting regular one-on-one sessions, training, and supervisions. Furthermore, Natalie has contributed to research, participating in a pilot study aimed at developing a new transition of care pathway for paediatric to adult patients with neurological conditions in Greater Manchester.

Career history

- Northern Care Alliance NHS Foundation Trust,
Bury Community Stroke and Neuro Team
Adult Specialist Physiotherapist
May 2017 to Present
- Pennine Care NHS Foundation Trust
Community
Rotational Physiotherapist
January 2017 to May 2017
- Pennine Acute Trust
Rotational Physiotherapist
August 2014 to January 2017

Qualifications

- BSC HONS Physiotherapy 2014
Manchester Metropolitan University
- Post Graduate Masters Module in Multi-
Professional Approaches to Stroke
Rehabilitation
Manchester Metropolitan University

Professional Memberships

- HCPC Registered PH104411
 - CSP Member 098414
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