
Case Management Experience

Sara is an accomplished case manager with extensive experience leading the assessment of treatment of adults and children with complex neurological and orthopaedic needs. This has frequently involved cases involving challenging behaviours, navigating complex family dynamics and respecting cultural needs.

Sara is adept in conducting rigorous assessments to determine short and long-term requirements and leading the development and delivery of aligned goal-based rehabilitation plans. She is experienced in leading multi-disciplinary teams, managing 24-hour care packages and leading staff recruitment and training. She has also set up and managed multiple other agency care packages, sourcing bespoke carers in alignment with client requirements.

Sara is skilled in collaborating with legal, medical and private professionals and a wide range of public, voluntary and private sector organisations. She also has significant experience in cost preparation and budget management, ensuring available financial resources are leveraged to the greatest possible effect. She also possesses extensive experience in supervising other case managers.

Specialisms

- Orthopaedics
- Cerebral Palsy
- Traumatic Brain Injury
- Neurological Disorder
- Mental Health
- General Medical Conditions
- Mental Health
- Learning Difficulties
- Vocational Rehabilitation

Qualifications

- Diploma of the Royal College of Occupational Therapy
- MSc Health Sciences

Professional Background

Sara is an occupational therapist with 33 years of experience. Early in her career, Sara worked within an acute NHS setting, including a role within children's services. She subsequently obtained 14 years of experience within a community setting, including elderly care, palliative care and rehabilitation following orthopaedic surgery and neurological events. Throughout this time, she developed a wealth of expertise in supporting adults and children with a range of disabilities. She held responsibility for the assessment, treatment and evaluation of services for children of pre-school and school age. She also led weekly wheelchair clinics for adults and children with complex seating needs.

Sara also has significant experience leading the assessment and treatment of adult clients within an immediate care setting. This involved serving as a member of a multi-disciplinary team and operating as a case manager for discharge planning and long-term care. Since 2012, she has led medical and vocational rehabilitation for adults with life-changing orthopaedic, spinal and brain injuries.



Career History

Case Manager
Harrison Associates
2016 - Current

Case Manager / Vocational Rehabilitation
Manager
Papworth Trust
2012 – 2016

Senior Specialist Occupational Therapist
Community Rehabilitation / Paediatrics
Cheshire and Wirral Partnership NHS
Foundation Trust
2005 - 2012

Paediatric Occupational Therapist
Chester and Halton Community NHS Trust
1993 – 2001

Memberships

- Case Management Society UK
- Health & Care Professions Council

Ages Covered

- Adults & Paediatrics