

Professional Experience

Fatimah Parkar brings over two decades of extensive expertise in physiotherapy, specialising in paediatrics, and complex musculoskeletal, spinal, orthopaedic, and vestibular conditions. With 20 years of professional experience, she has honed her skills in the NHS and private sectors, managing a broad range of cases, including severe neurological conditions and complex rehabilitation needs. Fatimah's deep commitment to paediatric care for the first eight years of her career has given her a profound understanding of the unique rehabilitation requirements of younger patients.

In her role as a Rehabilitation Manager, Fatimah has demonstrated exceptional capability in coordinating comprehensive rehabilitation packages and leading multidisciplinary teams. She has effectively managed rehabilitation plans that integrate the expertise of physiotherapists, occupational therapists, and social workers to provide tailored care for both paediatric and adult patients. Her experience extends to managing complex cases involving patients with Alzheimer's disease, head injuries, and associated psychological conditions, ensuring a holistic approach to each patient's treatment plan.

Fatimah's dedication to maintaining her clinical and case management skills is evident in her continuous professional development. She actively participates in CPD courses and has integrated ongoing education into her routine practice as a physiotherapist in a local GP practice. This commitment to upskilling has kept her at the forefront of physiotherapy practice, equipped to handle the challenges of complex care scenarios. As the owner of her physiotherapy business, Fatimah has also developed strong leadership skills, overseeing junior staff and managing the operational aspects of her practice, including budgeting for rehabilitation programs and case management. This combination of clinical excellence and robust management experience makes her well-suited to contribute valuable insights as an expert witness in legal cases involving physiotherapy and rehabilitation.

Fatimah is fully trained in Civil Procedure Rules, including relevant revisions as they arise, and maintains her continuing professional development via a range of training.

Specialism

- Neurological conditions & injuries
- Spinal cord & peripheral nerve injury
- Orthopaedic & MSK injuries, conditions
- Amputations
- Mental health & learning disability
- Pain conditions
- Sensory integration
- Disability management

Age group

- Adults
 - Children
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Career history

- Case Manager/Project Manager
Proclaim Care
December 2022-Present
- First Contact Physiotherapist
Barking and HAVERING- Extended access(EA)
December 2022-Present
- First Contact Physiotherapists
Newbury Primary Healthcare Practice
October 2021-April 2022
- Specialist physiotherapist
Perfect Balance Clinic
September 2017- July 2021
- First Contact Physiotherapists
BABYLON HEALTH CARE
February 2020 to July 2021
- MSK physiotherapist lead
London Doctors Clinic
July 2019- Feb 2020
- Senior MSK Physiotherapist
Connect health
2018-July2019
- Various placements, MSK Physiotherapist (Locum)
2018
- Specialist MSK physiotherapist
Spire (Bushey)/Spire (Alexandra)
January 2016 to April 2016
- Physiotherapist (paediatrics)
Kiki's Clinic
August 2015-February 2016
- Senior Band 6 physiotherapist (paediatrics)
London North West health care
June2014-July 2015
- Band 7 senior Paediatric physiotherapist
Whittington Trust
December 2013-June2014
- Senior paediatric physiotherapist
NELFT
June2013-November 2013

Qualifications

- Masters in Physiotherapy -Successfully completed two-year post graduation, from Loma Linda University, California, USA
- Bachelors in Physiotherapy
- Bond Salon Expert witness course-[Cardiff University Bond Solon \(CUBS\) Expert Witness Certificate](#)

Professional Memberships

- HCPC
- CSP