



Case Management Experience

Charlotte is an accomplished Neuro-Physiotherapist with over a decade of diverse inpatient and community rehabilitation experience. She has managed the end-to-end assessment and treatment of clients with a broad variety of complex injuries and conditions. This has included brain injuries, spinal cord injuries, traumatic orthopaedics and amputations. Charlotte brings a client-centred, compassionate and proactive approach, working with clients and their families to ensure they are robustly supported in navigating and overcoming all practical, physical and psychological challenges presented by a life changing injury.

Specialisms

- Traumatic injuries
- Orthopaedics
- Amputations
- Spinal Cord Injuries
- Brain Injuries

Qualifications

- MLACP Introduction to Medico-legal Writing
- PRI Pharmacology
- BTEC National Diploma in Sports & Exercise Science
- BSc (Hons) Physiotherapy

Professional Background

Since 2014, Charlotte has operated as an independent Physiotherapist and owner of Physio Pal Ltd. Within this role, she has worked across a broad variety of complex contracts, frequently within a leadership capacity. She has assessed and treated patients with a comprehensive range of injuries and conditions across a broad variety of settings, including A&E, acute medical wards, trauma & orthopaedics and community rehabilitation. Charlotte has experience across all elements of inpatient rehabilitation, including end of life care and managing complex cases involving cognitive impairment, complicated medical histories, complex fractures, neurological rehabilitation following brain surgery, cognitive rehabilitation for brain injury patients and rehabilitation for spinal cord injury, including spinal cord tumour. She is adept in facilitating safe discharges via coordinating appropriate care and specialist equipment provision, including liaising with external agencies and community support teams to enable treatment at home. Charlotte's community rehabilitation has covered rapid response, supporting the rehabilitation of a quad amputee, supporting cognitively and neurologically impaired patients and training families and carers in providing support. Charlotte also has significant experience working with patients with fractures, minor injuries arising from traffic accidents, major traumatic injuries and patients following lower limb surgeries. Charlotte also has significant experience assessing and treating people in resus and providing respiratory and acute medical care.

Career History

Owner & Physiotherapist
Physio Pal Ltd
(2014 - Present)

Memberships

- HCPC
- CSP
- ICO

Ages Covered

- Adults Only