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## Professional Experience

Teresa is an accomplished Senior Occupational Therapist with 17 years of diverse experience and specialist expertise in housing. She is adept in conducting rigorous and holistic environmental and functional assessments to identify housing needs and aligned recommendations for people with various medical conditions and multiple health and social care related needs. She is highly proficient in environmental adaption, equipment provision and identifying care needs. Teresa has a track record of collaborating effectively with surveyors, grants officers and other agencies. She also has extensive experience in managing complex caseloads, including those involving moving and handling, seating, reablement, and safeguarding and mental capacity issues. Teresa is adept at referring and liaising with other agencies as needed to ensure the best outcomes for her clients. She is fully trained in Civil Procedure Rules, including relevant revisions when they arise, and continually expands her skills and expertise with a range of CPD activities.

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## Specialisms

- Housing
- Environmental & Functional Assessment
- Home Adaptions
- Moving & Handling
- Care needs assessment
- Seating
- Reablement
- Safeguarding
- Mental Capacity Issues
- Orthopaedics

## Qualifications

- BSc (Hons) Occupational Therapy

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## Career History

### Rother District Council Senior Practitioner (OT Housing)

**2022 - Present**

- Manage housing OT staff, including responsibility for triaging referrals to the team.
- Accountable for all casework identified as potential major adaptions.
- Accountable for completing Environmental and Functional Assessments, risk assessment & management, producing OT Housing Needs Reports and overseeing complex DFG adaptions, equipment provision and recommendations for care.
- Identifying housing needs and match applications on the Housing register to void properties.
- Work closely with Surveyors, Grants Officers, housing colleagues and other statutory and non-statutory services.

### Hastings Borough Council Senior Practitioner Occupational Therapist

**2019 - 2022**

- Held operational management responsibility for a team of two Housing OT staff.
- Completed Environmental and Functional Assessments, recommended adaptions under the Disabled Facilities Grant and matched applicants on the Housing register to void properties.
- Collaborated and liaised extensively with Surveyors, Grants Officers, housing colleagues and other agencies.



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## Career History Continued

**East Sussex County Council**  
**Senior Practitioner Occupational Therapist**

**2012 - 2019**

- Supervised a team of Occupational Therapists and Occupational Therapy Assistants.
- Held responsibility for managing a small caseload of complex cases.
- Deputised for the Practice Manager as required.
- Accountable for moving & handling, seating, adaptation, reablement, informing revisions to care, Carers Assessments, safeguarding and mental capacity.
- Managed referrals and liaised with other agencies.

**East Sussex County Council**  
**Occupational Therapist**

**2007 - 2012**

**East Sussex Healthcare NHS Trust**  
**Rotational Occupational Therapist**

**2005 - 2007**

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## Memberships

- Royal College of Occupational Therapy (RCOT)
- Health Care Professions Council (HCPC)
- Royal College of OT Specialist Section Housing (RCOTSSH)

## Ages Covered

- Adults only