



Case Management Experience

Sarah is a case manager with four years of experience and a wealth of clinical expertise generated during her career as a senior occupational therapist. She specialises in leading the assessment and treatment of adult clients with complex neurological conditions, including traumatic brain injury, spinal injury and cerebral palsy. This has frequently involved supporting clients with challenging behaviours, sensory impairment and mental health conditions, including anxiety, depression and personality disorders. She has recently gained additional experience working with children with neurological conditions, including working closely with families to guide and support them through the challenges and complexities of the rehabilitation journey. She is experienced in supporting both pre- and post-settlement cases, collaborating with litigation solicitors and court appointed deputies and coordinating multi-disciplinary teams to deliver intricate rehabilitation packages, ensuring industry leading standards of quality and efficiency. She is proficient in sourcing and managing both agency and directly employed packages. Sarah continually develops her clinical and case management related skills and expertise by attending regular training. This has recently included completing courses on managing challenging behaviours, managing complex care in the community, understanding and addressing family needs following and paediatric case management. Through a client-centric, evidence-based and proactive approach, Sarah ensures the best possible outcomes for each of her clients.

Specialisms

- Orthopaedics
- Spinal Injury
- Brain Injury
- Neurological Disorders
- Vocational Rehabilitation
- Sensory Impairment
- Peripheral Nerve Conditions & Injuries
- Learning Difficulties

Qualifications

- BSc (Hons) Occupational Therapy
- Postgraduate Certificate Posture Management for Complex Disabilities
- Level 5 Institute of Leadership & Management Course

Professional Background

Sarah is a senior occupational therapist with 26 years of experience in leading the assessment and treatment of adults and children across NHS and private healthcare settings. She specialises in neuro rehabilitation. Upon graduation, Sarah gained experience across elderly care, community paediatrics, orthopaedics & trauma and neuro rehabilitation. She then progressed to a senior level, working within multiple organisations to lead the provision of intensive rehabilitation to in-patients with conditions including stroke, traumatic brain injuries, spinal injuries, multiple sclerosis and orthopaedic injuries, including those in a minimally conscious state. During this time, Sarah completed a secondment with Surrey Stroke Network. She produced two reports: 'Access to Vocational Rehabilitation for People Affected by Stroke' in 2012 and 'Addressing Visual Problems After Stroke'. She also collaborated with medical staff to develop a mood screening pathway for community patients: 'screening for depression and anxiety after stroke: developing protocols for use in the community', published in Disability Rehabilitation.

In 2015, Sarah took on the role of service manager for community services in West Surry. This involved managing the community rehabilitation, rapid response and respiratory care services. During this time, she drove an establish standard of service quality and efficiency via robust clinical governance. Throughout her career, Sarah has gained extensive experience in budget management and the leadership and multi-disciplinary teams, including therapists, nurses and non-qualified staff.



Career History

Case Manager

Harrison Associates
(2018 - Present)

Service Manager

Community Services (West Surrey)
(2015 – 2018)

Senior Occupational Therapist (Secondment)

Surrey Stroke Network
(2012 - 2013)

Senior Occupational Therapist

Community Rehabilitation Team for South West
Surrey
(2002 – 2015)

Senior Occupational Therapist

Unsted Park Neuro Rehabilitation Hospital
(1999 - 2002)

Senior Occupational Therapist

East Surrey Hospital
(1998 - 1999)

Occupational Therapist (General Rotation)

East Surrey Hospital
(1996 – 1998)

Memberships

- Health & Care Professions Council
- Royal College of Occupational Therapists
- BABICM

Ages Covered

- Adults & Children