



Case Management Experience

Elizabeth is a Case Manager and Senior Physiotherapist with 10 years of experience managing the assessment and treatment of patients with a full range of neurological injuries and conditions. This includes an extensive track record in supporting individuals with neurodegenerative disease, stroke, brain injury and spinal cord injury. Elizabeth also has significant experience of complex orthopaedic rehabilitation. She is adept in conducting detailed and comprehensive assessments and developing and managing the implementation of high-impact, bespoke treatment plans. She is skilled in managing complex relationships, overseeing specialist equipment provision and providing palliative care. Elizabeth is renowned for delivering optimal outcomes through a proactive and goal-centred approach and maintaining clear and effective communications with all parties throughout the process.

Specialisms

- Physiotherapy
- Neurological Conditions
- Brain Injury
- Orthopaedics
- Palliative Care
- Postural Management
- Spinal Cord Injury
- Specialist Equipment

Qualifications

- BSc Physiotherapy
- Postgraduate Diploma- Health Related Studies

Professional Background

Elizabeth is a Senior Physiotherapist with a decade of broad experience. From 2018 to 2023, she held the role of Head of Therapies at The British Home, a private care home and rehabilitation unit for patients with complex neurological conditions. Within this position, Elizabeth held operational management responsibility for multiple therapeutic disciplines, including physiotherapy, occupational therapy and complimentary therapies. During her time in this role, Elizabeth set up a high-performing rehabilitation service and assessed and managed the treatment of patients with a holistic range of neurological conditions, including stroke, Parkinson's, multiple sclerosis, Huntington's, hypoxic brain injury, cerebral palsy, spinal cord injury and TBI. She also oversaw rehabilitation following spinal surgeries, including extensive orthopaedics, and managed cases involving 24h hour postural management and spasticity management. Additionally, Elizabeth made appropriate referrals, worked with relatives from pre-admission to discharge, delivered a wide range of staff training and oversaw palliative care. Earlier in her career, Elizabeth worked across a diverse range of physiotherapy positions within both clinical and community settings. This involved conducting assessments, developing treatment plans and managing patient rehabilitation for a broad variety of conditions, including neurological rehabilitation, post-surgery rehabilitation, palliative care and care for comatose patients. Within these roles, Elizabeth educated and advised patients on the use of appropriate functional and mobility equipment to maximise independence and minimise accidents.

Ages Covered

- Adults Only

Memberships

- Healthcare Professional Council
- Chartered Society of Physiotherapist
- Association of Chartered Physiotherapists in Neurology



Career History

Head of Therapies

The British Home
(2018 – 2023)

Physiotherapist/Orthopaedics

Healthcare at Home
(2017 – 2018)

Physiotherapist (Neuro/Stroke)

Your Healthcare
(2016)

Physiotherapist (Rotational)

Norfolk Community Healthcare Trust
(2014 – 2016)

Physiotherapist (Band 6 Cover)

Westminster Rehab Services
(2014)

Physiotherapist (Community)

Hartismere Hospital
(2013 – 2014)