



Professional Experience

Kat is a highly skilled Occupational Therapist with almost a decade of experience and specialist expertise in Neurorehabilitation. Upon qualification, Kat took on an Occupational Therapy role with King's College NHS Foundation Trust. During her two years in this position, she gained experience within the acute Stroke Unit, leading the development and delivery of treatment plans for a varied and complex caseload of patients. From 2015 to 2018, Kat worked across multiple NHS settings, including a Community Stroke Team, Neuro Assessment Ward and acute Stroke Unit. Her responsibilities included supporting service development activity, providing equipment provision recommendations, managing discharges, training Rehabilitation Support Workers and leading the end-to-end assessment and treatment of stroke patients. She also managed a caseload across multiple wards, including general medical, surgical and neurological patients.

In 2019, Kat worked in Camden Community Neurology & Stroke Service, Kingston Hospital Neurology & Stroke Service then Clayponds Hospital Neurology & Stroke Service, supporting the assessment and rehabilitation of individuals with a wide range of neurological conditions, including early supported discharge (ESD) of Stroke patients. She then took on a role at St Helier Hospital, assessing and treating neuro outlier patients, including cases involving neuro-oncology, Spinal Cord injury, Guillain Barre Syndrome and Stroke.

In 2020, she worked as an Occupational Therapist at Camden Community Neuro & Stroke Service and within level 1 Neurorehabilitation at The Wellington Hospital. She also took on a role providing training and education to healthcare professions wishing to volunteer at the NHS Nightingale Hospital during the pandemic. This included serving as a train the trainer lead for the psychological wellbeing team. She then joined the community neurology team at Guys & St Thomas' NHS Foundation Trust, managing a complex caseload of neurological patients with conditions including spinal injury, acquired brain injury, MND, MS and neuromuscular disorders. This involved extensive interagency work, disability management, progressive rehabilitation, providing recommendations regarding home adaptations and specialist equipment and supporting rehousing. In 2021, she moved to Croydon University Hospital's Stroke & Early Supported Discharges Services Team, supporting discharge activity, treatment planning and report writing. She then returned to Guy & St Thomas NHS Foundation Trust, working within the Community Stroke Team, leading the assessment and treatment of Stroke patients. This involved significant interagency working, raising safeguarding concerns as appropriate, producing thorough and accurate discharge reports following the six to eight week rehabilitation period and completing onward referrals.

Kat is an Expert Witness for Harrison Associates, utilising her wealth of clinical expertise to evaluate complex cases and provide thorough and objective reports and astute recommendations. She is fully trained in the Civil Procedures Rules and continually develops her clinical and medico-legal skills via a range of additional training.

Specialisms

- Brain Injury
- Neurological Conditions
- Stroke
- Neuro-oncology
- Neuromuscular Disorders
- Disability Management
- Housing Adaptions
- Specialist Equipment
- Rehousing
- Early Supported Discharge

Qualifications

- BSc (hons) Occupational Therapy



Career History

Occupational Therapist University Hospital Birmingham (Stroke Unit and Hyper Acute Stroke Unit)	2021 - 2022
Occupational Therapist Guys & St Thomas NHS Foundation Trust (Community Stroke Team)	2021 - 2021
Occupational Therapist Croydon University Hospital (Stroke & ESD Services)	2021 - 2021
Occupational Therapist Guy & St Thomas' NHS Foundation Trust (Community Neuro Team)	2020 - 2021
Occupational Therapist The Wellington Hospital (Neurological Rehabilitation)	2020 - 2020
Educator & Trainer Nightingale Education Faculty	2020 - 2020
Occupational Therapist Camden Community Neurology & Stroke Service and St Helier Hospital (Neurology Outliers)	2019 - 2020
Occupational Therapist Claypond's Hospital (Neuro & Stroke Service), Kingston Hospital (Acute Stroke Unit) and Camden Community Neuro & Stroke Service	2019 - 2019
Occupational Therapist Barnet Hospital (Acute Stroke Unit)	2017 - 2017
Occupational Therapist Princess Royal Hospital (General Medical and Neurology Assessment Ward)	2016 - 2017
Occupational Therapist Guy's and St Thomas' NHS Foundation Trust (Community Stroke Team)	2015 - 2016
Occupational Therapist Kings College NHS Foundation Trust (Acute Stroke Unit and Orthopaedic Ward)	2013 - 2015

Memberships

- Health & Care Professions Council

Ages Covered

- Adult