

## Case Management Experience

Andrea's extensive 25-year nursing career, with a focus on clinical management for the past 15 years, showcases her deep commitment and expertise in the field. Her early years in intensive care provided her with critical experience in managing traumatic brain injuries, including tracheostomy care, and spinal injuries, as well as dealing with multiple fractures and amputations. Her work in neurorehabilitation primarily revolved around spinal injuries, traumatic brain injuries (TBI), confusion, and tracheostomy care, along with non-invasive ventilation (NIV) techniques.

In her role as a matron in neurorehabilitation, Andrea has managed complex cases involving TBI patients, addressing not only physical symptoms but also cognitive and behavioral challenges. She has worked with patients aged 20-50, focusing on issues such as memory, mood changes, and emotional distress due to memory loss. Her recent work has involved managing long-term neurological cases to improve the quality of life for patients with conditions like Parkinson's disease, epilepsy, spinal cord injuries, and dementia. Andrea's involvement in patient care packages over the last five years has been significant, collaborating with therapists, psychologists, psychiatrists, case managers, and consultants. This collaborative approach ensures comprehensive care, aiming to transition patients either back home or to suitable healthcare facilities post-rehabilitation. While Andrea seeks to further develop her skills in case management, her experience and learning from team members have been pivotal in her professional growth.

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### Specialism

- Brain Injury
- Spinal Injury
- Cerebral palsy
- Respiratory issues
- Disorders of consciousness
- Degenerative diseases

### Age group

• Adults

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## Professional Background

Andrea's professional journey in nursing spans over 25 years, with a significant focus on acute care and neuro-rehabilitation. Her experience is predominantly rooted in hospital settings, where she has honed her skills in providing exceptional patient care tailored to the specific needs and challenges of each individual's injuries or conditions. This extensive background in acute and rehabilitative care underscores her commitment to delivering high-quality healthcare services.

Andrea has held several key roles, including serving as a senior nursing sister in the Intensive Care Unit, ward manager in acute care, and matron of neuro-rehabilitation and a behavioural ward. Her responsibilities in these roles have encompassed overseeing acute patient care, rehabilitation processes, and the discharge procedure. Notably, she played a pivotal role in establishing a new 42-bed neurorehabilitation ward, collaborating to create a comprehensive service that addresses all aspects of patient care, including homecare facilities. Her experience extends to budget management, particularly in staffing, which includes overseeing recruitment budgets and leading nursing staff under her management. This blend of clinical expertise and leadership acumen highlights Andrea's ability to manage complex healthcare environments effectively.

## Career history

- HCA The Wellington hospital London  
Clinical Modern Matron / HOD - Spinal and neurorehabilitation  
January 2023 - Current
- Cleveland Clinic London Grosvenor Place  
Lead neuro and Spinal Rehabilitation Nurse Manager / HON NR  
February 2020 -December 2022
- Royal Hospital for Neuro-disability Putney  
Modern Matron  
December 2017 – February 2020
- Aspen Healthcare Parkside Hospital,  
Wimbledon High Dependency Unit Clinical Manager  
May 2016- December 2017
- Healthpoint Hospital Abu Dhabi –Clinical Nurse Manager – Intensive Care, Post Operative Anesthesia Care (PACU) and Day Surgical Unit  
September 2013 – December 2015
- Interhealth Canada, The Rashid Trauma Centre Dubai  
Charge Nurse -Critical Care Outreach Team  
January– June 2013
- Interhealth Canada, The Rashid Trauma Centre Dubai Charge Nurse/Coordinator – SICU/NSICU  
June 2009 – June 2012  
October 2012- December 2012
- Critical Care Unit University Hospital of North Tees Charge Nurse/Sister  
Feb 2004 –Jan 2009

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## Qualifications

- Registered General Nurse Qualification & Diploma In Nursing / 1998 / Teesside University
- Critical Care Course (Degree Level)/ 2004/ Teesside University
- BSc Promoting Practice Effectiveness: Critical Care Pathway/2008/ Teesside University MSc in Healthcare Management and Leadership/ 2020/ Aston University

## Professional Memberships

- NMC
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