

Professional Experience

Natasha Taper brings an extensive 20-year background in occupational therapy to her work, with a deep specialisation in neurological rehabilitation. Her career has seen her working across the UK in various NHS settings, including roles in stroke units, medical, rapid assessment and discharge services, community care, orthopaedics, and elderly care. Her clinical expertise was further honed at King's College Hospital's Neurosciences centre, where she focused on neurosurgery, neuro-medicine, and neuro-rehabilitation.

Natasha's leadership capabilities were prominently displayed in Clinical Lead roles at notable institutions such as Guy's and St Thomas' Hospital, The Frank Cooksey neuro-rehabilitation unit, and The Wellington Hospital. In these positions, she managed staff, led service development efforts, engaged in research and training, and handled risk assessments among other responsibilities. Her clinical skills in managing complex neurological conditions are underscored by her use of advanced clinical reasoning, critical thinking, and client-centred goal-oriented rehabilitation programmes.

She has managed a wide array of complex cases involving adult patients with conditions such as Stroke, Traumatic Brain Injury, Multiple Sclerosis, Parkinson's disease, and Spinal cord injuries, among others. Natasha's approach to care is comprehensive, addressing the multifaceted challenges—physical, cognitive, emotional, psychological, and behavioural—that accompany neurological diagnoses. In her practice, Natasha has extensive experience in advising and recommending care and support packages, collaborating closely with social workers, social services, family members, case managers, and multidisciplinary team members to tailor support to individual client needs.

Natasha's professional journey spans work in the NHS, private hospital/rehabilitation centres, the Ministry of Defence rehabilitation centre, and private practice, offering her services in various settings including hospitals, rehabilitation units, homes, and community and work environments. Her leadership experience includes roles where she was responsible for staff management, service development, and implementing research and training programs. Furthermore, Natasha has contributed to the field through research, completing a Masters of Research in Clinical Practice degree at St George's University of London in 2011.

Natasha is fully trained in the Civil Procedure Rules, including relevant revisions as they arise. She actively maintains her continuing professional development via a range of training opportunities.

Specialism

- Neurological conditions & injuries
- Spinal cord & peripheral nerve injury
- Vocational advice and rehabilitation
- Sensory Impairment
- Cancer and palliative care

Age group

- Adults
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Career history

- Private Independent Neuro OT Practice
Natasha Taper Neuro Occupational Therapy
March 2015- Current
- Occupational Therapist
The Wellington Hospital, St John's Wood (Private Hospital),
Neurorehabilitation unit
June 2015-July 2016
- Clinical Lead OT
The Wellington Hospital, St John's Wood (Private Hospital),
Neurorehabilitation unit
August 2012-June 2015
- Locum Band 7 OT
Bexley Community Stroke,
Early Supported Discharge Service
DMRC Headley Court Neuro-rehabilitation unit
March 2012-August 2012
January 2012-March 2012
- Band 7 OT Lead
King's College Hospital NHS Trust
Frank Cooksey Neuro-rehabilitation unit
April 2008 – December 2011
- Band 7 OT Lead
Guy's and St Thomas' Hospital NHS Trust Stroke Unit,
St Thomas' Hospital
April 2006 – March 2008
- Band 6 OT
King's College Hospital NHS Trust
Neurosurgery/ Neuro-medicine/ Neuro-rehabilitation
February 2004- February 2006
- Locum OT
February 2001 – June 2003

Qualifications

- Bachelor Occupational Therapy, University of Stellenbosch, South Africa, 2000
- Masters of Research in Clinical Practice, St George's University of London, 2011

Professional Memberships

- HCPC OT33183
 - BAOT BT0232917
 - RCOT Neurological Practice: N247
 - RCOT SS (College of OT Specialist section)- Independent Practice : 7103
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