

Case Management Experience

Krishna Gundapudi brings over 25 years of extensive clinical background in physiotherapy, with a specialisation in managing catastrophic injuries such as brain injury, spinal cord injury, and other complex neurological conditions. His expertise extends to working with adolescents and adults, providing holistic care that addresses not only the physical aspects of rehabilitation but also the cognitive, emotional, and social challenges faced by his clients.

Krishna has demonstrated exceptional skill in managing complex cases involving patients with a wide range of neurological conditions, often associated with significant physical, cognitive, and emotional needs. His approach is highly personable, focusing on the individual needs of each client and their families. He has successfully coordinated comprehensive care plans, ensuring effective provision of care and support in line with the Care Act, CQC requirements, and safeguarding protocols.

His experience includes working with clients requiring complex care packages, including 24-hour live-in care, where he has taken a multidisciplinary approach to ensure the best possible outcomes. Krishna is adept at managing court of protection cases, where his ability to navigate the intricacies of legal, medical, and care needs stands out. He has led multidisciplinary teams to create individualised rehabilitation packages, holding regular meetings to keep all members focused on achieving set goals.

Specialism

- Brain Injury
- Spinal Injury
- Amputations
- Complex Orthopaedic
- Degenerative diseases

Age group

- Adults
- Adolescents

Professional Background

Krishna's professional journey spans over 25 years, with significant roles in the NHS, private, and voluntary organizations. Throughout his career, Krishna worked closely with the local authority and other statutory and non-statutory system partners, care agencies and voluntary organisations, gaining invaluable experience in supporting clients with safe discharge from hospital, rehabilitation units, and other residential settings.

In more senior leadership roles, Krishna has served as a Therapy Lead for Community Hospitals, overseeing therapy provision across community rehabilitation units. He was also the Physiotherapy Professional Lead for the Neuro service and the lead for the Early Supported Discharge (ESD) team for Stroke. He also held a senior leadership role at a system level as the Clinical and Professional Lead for Integrated Care, where he led the delivery of collaborative transformation program plans aimed at improving health and wellbeing of the local population.

Krishna is committed to continuous professional development, regularly attending training courses and events. He has presented at numerous neuro-physiotherapy conferences and has run his own course on balance rehabilitation, training therapists both nationally and internationally. Krishna's effective communication skills and his ability to build positive relationships with clients, families, and professionals are key to his success in coordinating multidisciplinary teams and managing complex cases.

Career history

- 01/09/20 – till date
Physiotherapy Lead • Holywell Neurological Rehabilitation Unit • Central London Community, Health Care NHS Trust
- 01/10/20 – 30/03/23
Clinical and Professional Lead for Integrated Care • Secondment • NHS Hertfordshire and West Essex Integrated Care Board
- 01/10/19 - 31/08/20
Therapy Lead for Neuro and General Rehab Bedded Units • Central London Community Health Care NHS Trust
- 01/04/19 - 30/09/19
Physiotherapy Professional Lead for Neurological service and ESD (Stroke) Lead • Hertfordshire Community NHS Trust
- 01/08/15 - 30/03/19
Highly Specialist Physiotherapist • Hertfordshire Community NHS Trust
- 01/06/05 - 01/07/15
Highly Specialist Neurological Physiotherapist • Holy Cross Hospital, Haslemere, Surrey
- 01/06/05 - 01/07/15
Physiotherapist • Aravinda Hospital, Karimnagar, Telangana, India

Qualifications

- BSc Physiotherapy degree,
Dr MGR Medical University, India 1998
- Post Graduate Diploma in
Neurorehabilitation (M level) Brunel
University, West London, 2005

Professional Memberships

- Registered with Health and Care
Professions Council
 - CSP
 - BABICM
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