



Case Management Experience

Anna is a dedicated case manager, equipped with highly specialist clinical skills developed over a 25-year career as a senior occupational therapist. She specialises in leading the assessment and rehabilitation of patients with complex brain injuries and other neurological conditions. This has included working extensively with clients with complex comorbid pathologies. She has extensive experience working with clients experiencing cognitive and physical disabilities, challenging behaviours, mental health difficulties and PTSD.

Anna is adept in performing thorough investigations to identify all short and long-term care and specialist equipment requirements and coordinating aligned care packages. She has significant experience managing transitional living, educating family and support workers, leading best interest and discharge planning meetings, conducting regular reviews, and optimising care as appropriate. Throughout her career, Anna has led and collaborated with multidisciplinary teams and liaised extensively with commissioners and other community and social services. She is fully trained in Civil Procedure Rules and regularly undertakes a variety of continuing professional development.

Specialisms

- Orthopaedics
- Cerebral Palsy
- Brain Injury
- Functional Neurological Disorders
- Mental Health
- Stroke
- Cognitive & Physical Disability
- Disorders of Consciousness

Qualifications

- BSc (Hons) Occupational Therapy
- Postgraduate Certificate Teaching & Learning

Professional Background

Anna is a specialist occupational therapist with 25 years of broad clinical, managerial, and educational experience spanning the NHS, private healthcare, social services and the charity sector. Since 2005, she has operated independently, leading the delivery of high-quality neurological rehabilitation. This involves working closely with clients, families, support workers, case managers and other medical professionals. In addition to this, Anna also served as Head of Occupational Therapy at Hothfield Brain Injury Rehabilitation & Neurological Care Centre. Within this role, she managed a multi-disciplinary team in providing rehabilitation to clients with a variety of neurological conditions, including mild to catastrophic brain injury, stroke, spinal injury, orthopaedic injuries, disorders of consciousness, multiple sclerosis, Parkinson's disease, motor neurone disease, and Huntington's disease.

Anna also operated as a senior occupational therapist for an inpatient stroke rehabilitation service for a nine-year period and subsequently as a clinical specialist in neurology and neurological rehabilitation. During this time, Anna obtained significant experience in the assessment and treatment of clients with the above-mentioned conditions, as well as neuro-oncology. Anna has extensive experience working with clients with co-pathologies including orthopaedic trauma and amputations. Anna is considered a leader in her field and fulfilled a post as a senior lecturer at university level, and has presented at a number of national and regional conferences on various brain injury and neurological rehabilitation topics.



Career History

Occupational Therapist

Independent
(2005 - Present)

Head of Occupational Therapy

Hothfield Brain Injury Rehabilitation & Neurological
Care Centre, Kent
(2010 - 2017)

Senior Lecturer/Practitioner/ Clinical Specialist (Neurology)

East Kent Hospitals NHS Trust and Canterbury
Christchurch University, Kent
(2001-2010)

Senior Locum Occupational Therapist

Various Locations UK (incl. Acute & Community
Rehabilitation, School-based Paediatrics, Adult
Social Services, Medical & Orthopaedic Wards)
(1999 – 2001)

Occupational Therapist (Rotation)

Prince of Wales Hospital (Sydney, Australia)
(1997-1999)

Memberships

- Case Management Society UK

Ages Covered

- Paediatrics