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## Case Management Experience

Michelle is an accomplished Physiotherapist with two decades of experience spearheading the planning and delivery of highly effective treatment programmes. Michelle has extensive neurorehabilitation experience, including leading the treatment and management of cerebral palsy, neurodegenerative conditions, acquired brain injury, stroke and functional neurological disorder. She also has extensive experience with learning difficulties and spinal cord injury. Additionally, Michelle recently established and managed a service for prisoners with complex needs. She consistently ensures the best possible outcomes for her clients via conducting rigorous assessments, enabling her to devise and implement highly personalised and targeted care plans. Michelle is highly skilled in delivering optimal outcomes through a proactive and goal-centred approach and maintaining clear and effective communications with all parties throughout the process.

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## Specialisms

- Physiotherapy
- Neurological Conditions
- Learning Difficulties
- Acquired Brain Injury
- Stroke
- Spinal Cord Injury
- Complex Needs

## Qualifications

- BSc (Hons) Physiotherapy
- PGDip Non-Medical Prescribing
- Masters Module Health in Justice

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## Professional Background

Michelle is a highly effective Physiotherapy Professional with twenty years of experience. From 2007 to 2021, she worked as Specialist Team Lead Physiotherapist for Midlands Partnership NHS Foundation Trust. Within this position, Michelle specialised in complex needs, learning disabilities, neurological conditions and developmental disorders.

Between 2018 and 2021, Michelle also worked as a Specialist Neurological Physiotherapist, treating patients with conditions such as acquired brain injury, CVA, multiple sclerosis, FND and Parkinson's. Throughout her career, Michelle has taught, mentored and coached students and other clinicians, as well as advising families and carers regarding physiotherapy.

Michelle currently operates as Regional Specialist Physiotherapist for Practice Plus Group. Within this position, she has developed and managed a high-performing service for the rehabilitation of prisoners with complex needs in order to prevent hospital admissions. Her duties include managing and supervising a team of therapists, nurses and HCAs, in addition to prisoners working as cleaners and carers. She also provides specialists assessment, advice and education for both Practice Plus Group and Health in Justice. Michelle is currently assisting Moorlands in setting up a similar pilot scheme, including creating national assessment templates, policies and documentation. She has been nominated for two awards for Excellence in Primary Care by two different MPs.



## Career History

### Regional Specialist Physiotherapist

Practice Plus Group  
(2021 - Present)

### Specialist Team Lead Physiotherapist

Midlands Partnership NHS Foundation Trust  
(2007 - 2021)

### Specialist Neurological Physiotherapist Neurotherapy

Midlands Partnership NHS Foundation Trust  
(2018 - 2021)

### Physiotherapist

South Staffordshire PCT  
(2004 - 2007)

### Junior Physiotherapist

Mid Staffordshire General Hospitals  
(2003 - 2004)

## Memberships

- Health & Care Professions Council
- Chartered Society of Physiotherapy
- Acupuncture Association of Chartered Physiotherapists
- Association of Chartered Physiotherapists in Neurology
- Association of Chartered Physiotherapists for People with Learning Disabilities

## Ages Covered

- Adults Only