



Professional Experience

Reshma is a Physiotherapist with two decades of experience. She specialises in neuro-paediatrics and has extensive experience treating children with complex neurological and neuromuscular disabilities. Since 2010, Reshma has worked within an early intervention team, focusing on patients between 0-5 years of age. Reshma is trained in the use of specialist assessment scales for postural care and management, including the Cerebral Palsy Integrated Pathway, Goldsmiths Assessment of Body Symmetry and Gross Motor Function Measure. She prescribes specialist equipment according to the child's individual needs and is involved with the delivery of relevant training to parents and carers within the home and school settings.

Reshma acts as an expert witness for Harrison Associates in claims for compensation as a result of medical negligence or personal injury and is fully trained in the Civil Procedure Rules including relevant revisions as they arise. She maintains her continuing professional development through a variety of training courses.

Specialisms

- Physiotherapy
- Neurological Conditions
- Early Intervention
- Neuro-Paediatrics
- Clinical Supervision

- Postural Care & Management
- Specialist Equipment

Qualifications

- Postgraduate Diploma in Paediatric Neurology
- BSc Physiotherapy

Career History

Alder Hey Children's Hospital NHS Foundation Trust Physiotherapist (Early Intervention Team)

2010 - Present

- Supports assessment and intervention for babies at high risk of developing complex neurological disabilities.
- Completed training courses in EI SMART (Early Intervention Sensory Motor Attention Regulation Therapy), Maes Therapy and specialist outcome measures including the Hammersmith Infant Motor Scale (HINE), Bayleys developmental scale and Alberta Infant Motor Scale (AIMS).
- Attends a monthly joint complex neurodisability clinic, supporting the planning and agreement of management plans.
- Works jointly with the physiotherapist and neonatology team at the Liverpool Women's Hospital regarding joint discharge clinics and follow up appointments for high risk babies.
- Member of the trust's research and development team and the specialist research interest group with the Chartered Society of Physiotherapy (CSP) and Physiotherapy Research.
- Involved with a variety of service development projects and audits to optimise the patient experience.



Career History Continued

- Involved with a variety of service development projects and audits to optimise patient experience.
- Completed the NIHR Early Career Research programme successfully. Has since been awarded the Health Education England (HEE) clinical academic internship. Part of this internship, is involved in a scoping review of literature regarding the effectiveness of early intervention for babies at risk of cerebral palsy.
- Provide management supervision, professional development appraisals and clinical supervision for junior members of staff and clinical education to students on placement.

Alder Hey Children's Hospital NHS Foundation Trust Physiotherapist

2006 – 2010

- Assessment and physiotherapy management of children and young people (aged 0 to 17) with neuro/ neuromuscular problems. This included mat physiotherapy sessions, hydrotherapy and rebound therapy. In the community, these sessions were delivered in mainstream schools, special schools, nurseries and at home. Training was completed with school staff and completion of relevant training logs.
- Joint working with wheelchair services, occupational therapy and manual handling team for seating assessments, risk assessments and therapy plans.

Bombay Hospital (Mumbai) & Private Practice Junior Physiotherapist

2002 - 2005

- Rotational physiotherapy post with rotations in intensive care, cardiac care unit, neuro inpatients (including paediatrics), orthopaedics, general surgery and musculoskeletal outpatients.
- Worked in a private paediatric neuro clinic (2003-2005). Completed courses on neurodevelopmental techniques (NDT) and motor skills development.

Memberships

- Health & Care Professions Council
- Chartered Society of Physiotherapists
- Association of Chartered Paediatric Physiotherapists

Ages Covered

- Paediatrics