



Professional Experience

Julie is a highly qualified occupational therapist with over two decades of experience spanning the health, social care, independent and voluntary sectors. Julie leads a highly successful private practice, frequently conducting complex assessments for individuals with a broad range of disabilities. She has worked in collaboration with a range of leading organisations, including Transport for London, the Department of Health, The Metropolitan Police, Brunel University College and the College of Occupational Therapists. Julie also managed the delivery of occupational therapy services at the London Clinic in Harley Street and King Edward VII Hospital for several years. Preceding this, Julie worked extensively within the NHS. Key roles included head occupational therapist with The West Hertfordshire Trust and senior therapist in the regional oncology and palliative care unit at St Bartholomew's Hospital and the Stanmore Spinal Injuries Unit. For almost a decade, Julie worked a Senior Specialist Macmillan Occupational Therapist at the hospice, Michael Sobell House. This involved delivering palliative and end of life care to patients with life limiting conditions, including cancer and non-malignant diagnoses.

Julie is an accomplished expert witness, having worked for Harrison Associates for many years on a broad range of compensation claims, including those regarding personal injury and medical negligence. She utilises her wealth of clinical skills and expertise to provide thorough, accurate and impartial reports. Julie is fully trained in Civil Procedure Rules, including relevant revisions as they arise, and maintains her continuing professional development via a range of training.

Specialisms

- Palliative Care
- Oncology
- Spinal Injury
- Physical Disability
- Orthopaedics
- Neurological Disorders
- General Medical Conditions
- Mental Health
- Environmental Adaptations
- Specialist Equipment

Qualifications

- Diploma of the Royal College of Occupational Therapists
- Postgraduate Certificate Occupational Therapy

Career History

The Hospice of St Francis Macmillan Lecturer Practitioner

2020 - Present

- Developed and established an allied health professionals (AHP) clinical education programme encompassing all aspects of palliative care, palliative rehabilitation and end-of-life care.
- Delivers a variety of clinical and personal development training, international, regionally and locally, to a range of AHP's, medical, nursing and social care staff.

JOK Independent Independent Occupational Therapist

2001 - Present

- Act as an expert witness for catastrophic medical negligence and personal injury claims. Assisting the Court in understanding how injuries affect the Claimant's life and quantify costs for financial damages. Worked for Claimant and Defendant on a range of cases including spinal cord injury (traumatic, oncological and cauda equina syndromes).
- Complete home assessments and lead the treatment of clients with a variety of complex physical and emotional disabilities.

Public Health England/NHS Professionals Clinical Case Worker

2020 - 2021

- Provided clinical support and telephone advice to patient's diagnosed with Covid-19 and conducted contact tracing.



Career History Continued

Spire Bushey Hospital Senior Occupational Therapist	2017 - 2020
<ul style="list-style-type: none">• Provided a pre-operative assessment clinic for patients undergoing elective orthopaedic surgery.• Provided ward based rehabilitation and discharge planning as part of the multi- disciplinary team for orthopaedic, oncology and palliative care patients.• Carried out pre and post discharge home assessments to facilitate independence, safety, wellbeing and quality of life.	
Michael Sobell House Palliative Care Unit & Hospice and Mount Vernon Hospital Senior Macmillan Occupational Therapist	2007 - 2016
<ul style="list-style-type: none">• Led and provided occupational therapy and assessment to patients on the in-patient unit and out-patient day therapy unit.• Key focus included maximising independence, dignity and quality of life and enabling patients to achieve their preferred place of care and death.• Conducted complex psycho-social assessments, home visits, discharge planning, functional activity and non-pharmacological symptom management for anxiety, pain, breathlessness and fatigue.• Promoted self-management strategies and a more rehabilitative approach to care amongst the multi-disciplinary team.• Contributed to the Hospice UK publication, Rehabilitative Palliative Care: Enabling People to Live Until They Die (2015) which is widely considered to provide a gold standard framework for current and future practice.	
West Hertfordshire NHS Trust Head Occupational Therapist	2000 - 2001
St Bartholomew's & the Royal London NHS Hospital Trust Senior Occupational Therapist	1999 - 2000
Private Practice Independent Occupational Therapist	1997 - 1999
Royal National Orthopaedic Hospital Senior Occupational Therapist (Spinal Injuries Unit)	1995 - 1997
The Disabled Living Foundation Occupational Therapist/Information Officer	1993 - 1995
London Borough of Brent Community Occupational Therapy Team Leader Community Occupational Therapist Occupational Therapy Assistant	1992 - 1993 1991 - 1992 1988 - 1991
Mount Vernon Hospital Occupational Therapy Assistant	1987 - 1988

Memberships

- Health & Care Professions Council (HCPC)
- Royal College of Occupational Therapy (RCOT)
- Member of the Association of Spinal Cord Injury Professionals (MASCIP)

Ages Covered

- Adults only