

Case Management Experience

Yaasmin is a highly experienced Physiotherapist with over a decade of clinical expertise. Her extensive background includes working across various clinical environments. Clinically, Yaasmin's expertise encompasses the management of complex conditions, including chronic musculoskeletal pain, traumatic brain injuries, mid-head injuries, concussions, spinal cord injuries, and advanced orthopaedic cases. Her deep clinical knowledge also extends to neurological rehabilitation, addressing conditions such as stroke, cerebral palsy, sensory impairments, hypoxia/anoxia, and peripheral nerve injuries. Yaasmin is experienced in addressing the physical rehabilitation needs of individuals with mental health conditions, including anxiety and depression, ensuring a holistic and patient-centred approach throughout the care process.

Building on her solid expertise in Physiotherapy, Yaasmin expanded her career into Case Management, where she has spent the last two years applying her clinical knowledge to manage complex and multifaceted cases. In her role as a Case Manager, she manages cases involving neurological and orthopaedic conditions, ensuring that care is both person-centred and aligned with the needs of clients and their families. Her experience in leading multidisciplinary teams allows her to provide integrated care that supports her clients' rehabilitation journey.

Yaasmin is fully trained in managing cases within the medico-legal context, ensuring that her assessments and reports meet the standards required for legal proceedings. She maintains an active CPD profile, regularly updating her skills and knowledge to stay current with the latest developments in both Physiotherapy and Case Management practices.

Specialism

- Brain Injury
- Spinal Injury
- Complex Orthopaedic
- Amputations

- Peripheral nerve damage
- Respiratory issues
- Learning difficulties
- Cerebral palsy
- Epilepsy

Age group

- Adults
- Young persons (20+)

Professional Background

Yaasmin is a highly skilled and dedicated healthcare professional with extensive experience across a wide range of medical environments. Her diverse background has given her a deep understanding of the complexities involved in patient care, allowing her to expertly manage cases involving physical, mental health, cognitive, and sensory impairments.

In her previous roles, Yaasmin was responsible for evaluating individuals with disabilities as well as conducting thorough assessments and treatment plans for patients with complex neurological conditions. Her strong written, verbal, and interpersonal communication skills enabled her to produce clear and concise reports while effectively managing her responsibilities in a demanding, high-pressure environment.

Yaasmin's proactive, empathetic, and diplomatic approach has been pivotal in successfully managing complex cases. Her ability to communicate effectively and build positive relationships with clients, families, and healthcare professionals reflects her unwavering commitment to delivering the highest standards of care.

Yaasmin Gabriel

Physiotherapist
Case Manager

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Career history

- Disability Assessor, ATOS, UK
Personal Independence Payment (PIP) April 2020 – January 2023
- Specialist Physiotherapist
Holy Cross Hospital, Surrey September 2015 – May 2018
- Senior Physiotherapist
BUPA Wingham court, Surrey August 2014 – July 2015
- Physiotherapist
Holy Cross Hospital, Surrey August 2011 – July 2014

Qualifications

- Bachelors of Science in Physiotherapy, 2005
- Post Graduate Diploma in Cardiopulmonary Rehabilitation, 2006
- ATACP accredited Hydrotherapy course (3 months)
- Balance Rehabilitation course
- Proprioceptive neuromuscular facilitation (PNF) training

Professional Memberships

- HCPC Registered
 - CMSUK
 - BABICM
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