



Case Management Experience

Clare is an elite major trauma rehabilitation case manager who has consistently delivered exceptional client outcomes throughout her career. Equipped with the insight of over two decades of clinical experience, Clare specialises in leading cases regarding complex orthopaedic injury, amputation, psychological injury and respiratory conditions in adults.

Clare brings an innovative, compassionate, and client-focused approach, leveraging a thorough knowledge of the latest best practices maintained through her diligent continuing professional development. This includes regularly attending courses regarding major trauma, rehabilitation, and case management. She has also received extensive training in all relevant areas of litigation process.

Clare works closely with clients to understand and advocate for their unique requirements. She paves the way to optimal recovery by leading the end-to-end planning, delivery and continuous optimisation of multi-disciplinary rehabilitation plans and ensures clients receive all necessary support to achieve full reintegration into their home, community and vocation.

Specialisms

- Nursing
- Clinical Leadership
- Complex orthopaedic and amputation
- Respiratory Care
- Plastics
- Pain management
- Trauma Risk Management

- Safeguarding
- Post operative recovery and care
- MDT coordination
- Complex rehabilitation
- Vascular
- Ophthalmology

Qualifications

- BSc (Hons) Adult Nursing (First Class)

Professional Background

Clare is a highly skilled nursing professional with over two decades of experience managing complex orthopaedic conditions. She began her career as a medic within the Royal Navy, holding this role from 1999 and 2012. Within this position, she delivered frontline trauma care during a tour of Afghanistan and worked across a range of ships and establishments. She frequently operated as the sole practitioner for over 100 patients, leading the assessment, diagnosis and treatment of acute and chronic injuries, and complex orthopaedic traumas.

Clare also managed outbreaks, mass vaccination programmes and complex patient cases, including those requiring transportation back to the UK. In 2012, Clare progressed to the role of Deputy Practice Manager. After obtaining her BSc (Hons) in Adult Nursing in 2018, Clare took on the role of Royal Navy Nurse with Queen Alexandra Hospital, working across Respiratory, Orthopaedics and A&E wards. This involved managing military healthcare professionals, implementing rehabilitation programs, working with MD teams, and managing vocational rehabilitation activity.

Having left the Royal Navy, Clare operated as a Theatre Practitioner within West Berkshire Community Hospital. Within this role, she supported the coordination and management of treatment for a varied caseload of patients with complex traumatic injuries and contributed to the continuous improvement of services.



Career History

Theatre Practitioner

West Berkshire Community Hospital
(2021 – 2022)

Clinical Support Officer

Portsmouth
(2019 - 2021)

Royal Navy Nurse

Queen Alexandra Hospital
(2018 - 2019)

Deputy Practice Manager

Royal Navy
(2012 - 2015)

Career History Continued

Medic

Royal Navy
(1999 - 2012)

Memberships

- National Midwifery Council (NMC)
- Royal College of Nursing (RCN)

Ages Covered

Older children and adults: 15yrs +