



Case Management Experience

Katy is a case manager with 15 years of experience leading the end-to-end planning, coordination and delivery of robust rehabilitation packages. She brings the insight of a 26-year career as a senior physiotherapist, during which she has worked across a broad range of areas.

As a case manager, Katy has supported clients following catastrophic injuries, including cases regarding complex trauma, brain injury and amputations. This has frequently included cases involving psychological injury and chronic pain. Katy also possesses significant experience in vocational rehabilitation, defining and leading the delivery of ambitious yet realistic targets to enable her clients to restore their economic potential.

Katy is adept in sourcing and leading private and statutory providers, ensuring client's needs are thoroughly understood, advocated for and met, in both the short and long term. She is renowned for developing harmonious and productive relationships with solicitors, insurers, clients and families, ensuring all parties remain fully informed and effectively guided throughout the rehabilitation journey. Katy is devoted to achieving optimal physical, functional and vocational outcomes for all her clients.

Specialisms

- Orthopaedics
- Brain Injury
- Amputations
- Functional Neurological Disorders
- Sensory Impairment
- Mental Health & Psychological Injury
- Peripheral Nerve Conditions & Injuries
- Vocational Rehabilitation
- Chronic Pain

Qualifications

- MSc Public Health
- BSc (Hons) Physiotherapy
- BSC Management

Professional Background

Katy is a senior physiotherapist with 26 years of experience and a comprehensive base of skills and expertise generated through an exceptionally diverse career. This has included leading patient assessment and treatment across trauma & orthopaedics, respiratory medicine, acute care, musculoskeletal outpatients, vascular neurology, brain injury and elderly care. She has also worked as an occupational therapist for BMW, managing vocational rehabilitation for employees with a broad range of injuries and conditions. This involved working closely with the nursing, ergonomics and human resources teams. She subsequently gained significant experience in private neuro-musculoskeletal physiotherapy practice.

Katy's career has consistently involved operating as a high-performing member of multi-disciplinary teams, liaising with a variety of stakeholders to ensure optimal service quality and client outcomes. Katy continually evolves and enhances her professional practice via regularly attending training courses and conferences regarding orthopaedics, amputation, brain injury and case management.



Career History

Case Manager

Various
(2007 - Present)

Neuromusculoskeletal Physiotherapist

Privat Practice
(2005 - 2007)

Occupational Health Physiotherapist

BMW
(2002 - 2005)

Physiotherapist

Various NHS Trusts
(1996 - 2002)

Memberships

- Case Management Society UK
- British Association of Brain Injury & Complex Case Management
- Health & Care Professions Council
- Chartered Society of Physiotherapy
- Association of Chartered Physiotherapists in Neurology
- British Association of Chartered Physiotherapists in Amputee Rehabilitation

Ages Covered

- Adults only