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## Professional Experience

Catherine is a senior midwife with 16 years of experience, including extensive leadership, supervision and senior management within both NHS and private settings. Throughout her career, Catherine has obtained extensive experience in collating, reading and interpreting complex clinical records, conducting rigorous data analysis, producing clear and accurate reports and providing impactful recommendations to drive practice improvement. She also possesses significant experience in conducting supervisory investigations, root cause analysis and serious incident investigations. Catherine operates as an Expert Witness for Harrison Associates. She is fully trained in Civil Procedures Rules, including relevant revisions as they arrive, and regularly undertakes a variety of clinical and medico-legal training.

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## Specialisms

- Midwifery
- Women's Health
- Root Cause Analysis
- Birth Trauma
- Serious Incident Investigation
- Clinical Negligence

## Qualifications

- Bachelor of Laws
  - BSc Midwifery
  - MSc Midwifery & Women's Health
  - Preparation of Supervisors of Midwives Programme
  - Clinical Leadership Development Support Programme
  - Root Cause Analysis Training
  - Hypnobirthing Practitioner
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## Career History

### **Fitness to Practise Committee Member Nursing & Midwifery Council**

**2017 - Present**

- Responsible for the objective analysis of evidence, decision making and drafting of outcomes.

### **Independent Midwife (Birth Trauma Resolution) Trustbirth**

**2016 - Present**

- Support women and midwives who have experienced traumatic births, including utilising NLP techniques to resolve symptoms of trauma.

### **Bank Midwife**

### **Mid & South Essex University NHS Trust & Barking, Havering & Redbridge University Hospitals NHS Trust**

**2016 - Present**

- Work across all clinical areas, providing evidence-based, individualised and holistic care to women and families during the antenatal, intrapartum and postnatal periods.



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## Career History

**Consultant Midwife/ Head of Clinical Services**  
**One to One Midwives Ltd**

**2015 - 2016**

- Clinical management of a team of midwives, ensuring optimal service quality and safety.

**Risk Management Midwife**  
**Southend University Hospital NHS Foundation Trust**

**2009 - 2010**

- Supported risk management activities, including incident reporting, management investigations and driving quality and safety improvements.

**Education Team Lead**  
**Barking, Havering & Redbridge University Hospitals NHS Trust**

**2011 - 2013**

- Led the education team, including training, mentoring and supporting new starters.
- Liaising with two provider universities, ensured CNST compliance via the development of a comprehensive training needs analysis.
- Updated and provided Mandatory Training including PROMPT.
- Provided clinical benchmarking and gap Analysis
- Introduced the Respectful Maternity Care session to mandatory training and presented at Birthrights Conference 2013, Midwives Support Group and Midwives Day.

**Manager**  
**Birth Centre**

**2012 - 2013 & 2015 - 2015**

**Labour Ward Coordinator/Triage Coordinator**  
**Barking, Havering & Redbridge University Hospitals NHS Trust**

**2013 - 2014**

**Senior Midwife**  
**Southend University Hospital NHS Foundation Trust & Barking, Havering & Redbridge University Hospitals NHS Trust**

**2008 - 2015**

**Junior Midwife**  
**Southend University Hospital NHS Foundation Trust**

**2006 - 2008**

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## Memberships

- Nursing & Midwifery Council
- Royal College of Midwives
- Royal College of Nursing

## Ages Covered

- Adults only