

Alex Henson

Expert Witness
Speech and Language Therapist

London



Professional Experience

Alex Henson is a distinguished senior Speech and Language Therapist, with over two decades of experience in specialist neurological healthcare services, including community, acute, and inpatient neurorehabilitation. Alex is an expert in managing communication and swallowing in acquired neurological conditions, particularly focusing on clients in low awareness states, complex multifactorial communication needs, and neurobehavioural rehabilitation. Her commitment extends beyond individual care to working with communication and understanding of families dealing with neurological impairments.

In 2022, Alex spoke at the launch of the all-party parliamentary group to support an Acquired Brain Injury bill at Westminster, and in 2024 chaired a review of behavioural neurorehabilitation in specialised neurorehabilitation services for NHSE. Her technical skills include proficiency in videofluoroscopy and fibre-optic endoscopic evaluation of swallowing, alongside an array of standardised communication assessments and interventions.

Alex has published a chapter on physical management of people in low awareness states, and has another chapter in print about mental capacity assessment for people with brain injury. Alex is a supporting author updating the RCSLT's guideline for UK SLTs on working with brain injury.

Since 2015, Alex has served as an expert witness alongside her professional leadership role in the NHS, applying her clinical knowledge and experience to evaluate and articulate speech therapy needs for adults with neurological diagnoses in her impartial, meticulously detailed reports for legal proceedings. She maintains an unbiased approach, working evenly with both Claimant and Defendant teams. Her commitment to excellent professional standards is reflected in her continuous engagement with CPD activities and adherence to the Civil Procedure Rules.

Specialisms

- Speech & Language Therapy
- Brain Injury
- Neurological Conditions
- Challenging Behaviour
- Unresponsive Wakefulness Syndrome
- Cognitive Communication Difficulty
- Aphasia

Age group

- Adults

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Career history

- Expert Witness
Harrison Associates 2018 – Current
- Speech and Language Therapy Joint
Professional Lead, Homerton Hospital 2018 – Current
- Speech and Language Therapist
Independent 2011 - 2024
- Multidisciplinary Team Lead
Central London Community Health NHS Trust 2016 - 2018
- Lead Speech & Language Therapist
Blackheath Brain Injury Rehabilitation Centre 2011 - 2016
- Senior Specialist Speech Therapist
Blackheath Brain Injury Rehabilitation Centre 2010 - 2011
- Senior Specialist Speech & Language
Therapist 2004 - 2010
Royal Hospital for Neurodisability
- Speech & Language Therapist 2003 - 2004
Whittington Hospital

Qualifications

- BA(hons) English Language & Literature
- Postgraduate Diploma Speech and Language Therapy
- MSc Speech & Language Therapy

Publications

- Named supporting author in the RCSLT guidance on acquired brain injury 2026
- Co-author with Zoe Gilbertson of 'Working with Adults with Brain Injury', a new SLT textbook

Professional Memberships & Registrations

- HCPC
- Health & Care Professions Council
- Royal College of Speech & Language Therapists
- British Society of Aphasiologists
- Speech & Language Therapy Clinical Excellence Networks for Head Injury & Acquired Neurology