

Andrew Livett

Expert Witness
Physiotherapist

Essex



Professional Experience

Andrew Livett is a Physiotherapist with 10 years' clinical experience across NHS and independent practice. His background includes musculoskeletal and neurological rehabilitation, orthopaedics, occupational health, professional sport and private practice, together with NHS experience in intensive care, respiratory care, stroke and acute settings.

Andrew currently works as a Clinical Lead within private practice, overseeing a multidisciplinary team including physiotherapists, psychology, personal training and podiatry. He is also Head of Medical for two professional rugby clubs, supervising physiotherapists, sports therapists, paramedics and sports doctors, and has previously held responsibility as Service Lead for an occupational health physiotherapy department.

His physiotherapy expertise includes assessment of mobility, transfers and gait, together with rehabilitation planning for complex musculoskeletal and neurological presentations. An important aspect of his practice is the recognition of clinical red flags and identification of presentations requiring medical review, further investigation or onward referral. This includes assessment of symptoms that may indicate serious underlying pathology and consideration of whether escalation or referral has occurred appropriately and in accordance with relevant clinical guidance.

Andrew has experience reviewing clinical incidents, complaints and investigations. As Clinical Lead, he is responsible for reviewing and responding to clinical incidents within his service, while his previous occupational health role included responsibility for reviewing and responding to incidents involving police officers and staff. His governance responsibilities include development and review of clinical and operational policies, consideration of reported incidents and implementation of changes to support clinical standards and patient safety.

In considering breach of duty, Andrew reviews whether physiotherapy assessment, clinical reasoning, treatment, rehabilitation and escalation were consistent with relevant professional standards, clinical guidance and applicable organisational policies. This includes consideration of whether concerning or progressive symptoms were appropriately recognised and whether the physiotherapist should have sought specialist input, further investigation or urgent medical assessment. His analysis also considers whether identified failures arose from individual clinical decision-making or wider systemic or organisational factors.

Andrew has experience providing Expert Witness opinion and reviewing substantial volumes of clinical evidence from multiple sources. His approach includes constructing detailed chronological timelines, cross-referencing clinical records and supporting documentation, identifying missing information and evaluating the involvement and decision-making of different professionals throughout a patient's care.



Professional Experience

He also has experience reviewing cases involving inappropriate or insufficient physiotherapy intervention, poor mobility or transfer planning, delayed rehabilitation progression, communication failures and deterioration associated with delayed or inadequate intervention. His practice is informed by CSP and NICE guidance.

Andrew is registered with the HCPC and holds professional memberships including the Chartered Society of Physiotherapy (CSP), EWI and CMSUK.

Specialisms

- Musculoskeletal physiotherapy
- Neurological physiotherapy
- Breach of Duty analysis
- Recognition and escalation of clinical red flags and serious pathology, including suspected malignancy
- Failure or delay in onward referral
- Failure to act on concerning or progressive symptoms
- Clinical assessment and decision making
- Mobility, gait and transfer assessment

- Rehabilitation planning and progression
- Delayed or inadequate physiotherapy intervention
- Occupational Health physiotherapy
- Athlete and sports physiotherapy
- Investigating communication and MDT failures
- Clinical incident and complaint investigation
- Clinical governance and patient safety
- Record review and timeline reconstruction

Age group

- Adults
- CYP

Career history

- Physiotherapist 2024 - Present
Benfleet Physiotherapy
 - Roles – Senior Physiotherapist and rehabilitator managing complex MSK and Neurological patients in an outpatient setting. I work with self-funding, insurance and Medico-Legal patients, treating a variety of conditions, ensuring up-to-date, evidence-based based and gold standard care at all times. I work in clinics, in the community, and at a Hydrotherapy facility to meet my patients' specific needs and optimise their care.





Career history

- Head of Medical 2024 - Present
Brentwood Eels Rugby League Club
 - Roles – Head of a team of healthcare professionals supporting the medical needs of a fast-growing and developing rugby league team. The club includes senior men's, ladies', junior and wheelchair teams, all requiring specialist and custom services at training and match day. Teaching and developing the therapists to enhance their assessment and treatment skills. Developing injury prevention plans and performance statistics to optimise performance.
- Service Lead (Physiotherapy) 2023 - 2024
Essex and Kent Police
 - Lead Physiotherapist for the Essex and Kent Police force staff and officers, assessment, diagnosis, and treatment planning for injuries sustained both at work and out. To manage the clinic's day-to-day running, as well as data collection and manage complex security policies and protocols.
- Head of Medical and Lead Physiotherapist 2022 - Present
Rochford Hundred Rugby Club
 - Roles – Lead Physiotherapist for Rochford Rugby at the National level of rugby. Assessment, diagnosis and treatment of injuries in a clinical, gym and pitch-side environment. Head Injury assessment and application of up-to-date Headcase protocols and GRTP practice. Data collection of injury statistics and building prevention plans for the following seasons in line with findings. Managing team rota, match day cover and club protocols for serious injury management. I was also responsible for delivering regular training to youth, ladies and men's coaching teams on how to manage graded return to play following injury or concussion.
- Physiotherapist 2016 - 2024
All England Lawn Tennis and Croquet Club
- Tournament Physiotherapist U14's and U18's 2023 and 2024
Play your way to Wimbledon Tournaments
 - Roles – Physiotherapist for the tournament, including court calls and clinical injury, assessment, and treatment advice.
 - Coordinating with St John's Ambulance workers to support them in more complex sporting injuries happening on court and post-match complications.
 - Primary Accomplishments – Discussion with player coaches and parents to develop a better understanding of injury prevention and common injuries and deficits in Under 14s and 18s to develop changes to their common tennis coaching practice.
 - Discussion of implementing relevant and appropriate S&C protocols for their players at specific times to reduce injury risks during tournament windows.



Career history

- Sports and Spinal Physio - Physiotherapist 2021 - 2023
- Westcliff RFU - Men's and Ladies' First XV Lead Physiotherapist 2017 - 2020
- Mid and South Essex Hospital Trust Band 5, 6 Physiotherapist 2016 - 2021

Qualifications

- BSc Physiotherapy (Hons)
- M Level Advanced MSK Assessment
- Level 3 Personal Training
- Level 2 Pre-Hospital Immediate Care in Sport
- Headcase Concussion Awareness
- The Athletic Shoulder / Dr Ian Horsley
- Know Pain / Mike Stewart
- Level 2 Child Safeguarding in Sport
- Kinetic Control Testing and Rehabilitation
- Shockwave Therapy Application
- Cryotherapy and Recovery
- Sports Performance Massage
- Recovery from Strenuous Exercise
- Impact of the Menstrual cycle on injury risk in women's sport

Professional Memberships

- HCPC
- EWI Member