

Kathryn Rowe

Expert Witness
Physiotherapist

Hampshire



Professional Experience

Kathryn Rowe is a Clinical Manager, Case Manager, and Expert Witness with over seventeen years of experience as a senior physiotherapist, specialising in the rehabilitation of clients with catastrophic injury. Her clinical background encompasses complex neurological, spinal, orthopaedic, and musculoskeletal conditions across acute hospitals, neurorehabilitation units, and community services. Kathryn has managed the full rehabilitation pathway for both adults and young people following traumatic brain injuries, spinal cord injuries, amputations, and multi-trauma presentations, including psychological and cognitive comorbidities.

Her neurological expertise was shaped through her leadership roles within Hyper-Acute and Acute Neurorehabilitation units and at the Wessex Neurological Centre. She has delivered advanced rehabilitation to patients with strokes, traumatic brain injuries, spinal injuries, and progressive conditions such as Parkinson's disease, Multiple Sclerosis, and Motor Neurone Disease. Her specialist interests include spasticity management, hydrotherapy for neurological patients, specialist seating and posture management, and the design and delivery of integrated rehabilitation pathways. She has also led service development initiatives, including the implementation of specialist seating provision and spasticity services.

Kathryn's wider clinical experience includes leading the amputee clinic at Andover Hospital, managing complex orthopaedic and rheumatological cases, and conducting continuing healthcare assessments to inform long-term rehabilitation and care provision. In her case management practice, she applies this clinical insight to coordinate complex rehabilitation programmes, secure funding, and lead multidisciplinary teams across statutory and private sectors. She has supported families affected by the Grenfell Tower disaster and works with individuals with severe physical, psychological, and environmental needs.

Kathryn has held senior operational leadership roles, providing supervision and training to physiotherapists and medical students, contributing to service improvement, and completing advanced Bobath training in neurological rehabilitation. She is fully trained in the Civil Procedure Rules and maintains an expert witness caseload balanced across Claimant and Defendant instructions. Her quantum reports are clinically grounded, impartial, and consistently informed by her extensive experience across neurological and orthopaedic rehabilitation.

Kathryn is fully trained in the Civil Procedure Rules, including relevant revisions as they arise. She actively maintains her continuing professional development via a range of training opportunities.

Specialisms

- Orthopaedics
- Amputations
- Spinal Injury
- Brain Injury
- Sensory Impairment
- Psychological Injury
- Functional Neurological Disorders
- Peripheral Nerve Conditions & Injuries
- General Medical Conditions

Age group

- Adults
- Young Persons



Harrison
Associates

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Career history

- Clinical Manager
Harrison Associates 2024 - present
- Expert Witness
Harrison Associates 2019- present
- Senior Catastrophic Case Managers
Harrison Associates 2023 - 2024
- Catastrophic Case Manager
Harrison Associates 2020 - 2023
- Senior Physiotherapist (Community Neurological Rehabilitation)
Southern Health NHS Trust 2018 - 2020
- Senior Neurological Physiotherapist
Wessex Neurological Centre (Southampton University Hospital) 2013 - 2018
- Rotational Senior Physiotherapist
Princess Royal University Hospital 2009 - 2010
- Rotational Physiotherapist
Kingston Primary Care Trust 2008 - 2009

Qualifications

- BSc (Hons) Physiotherapy (First Class)
- BSc (Hons) Biology & English
Literature

Registrations & Memberships

- HCPC
- IRCM
- BABICM
- CMSUK
- RCOT