

Nandi Botha

Expert Witness
Occupational Therapist
London



Professional Experience

Nandi Botha is a Paediatric Occupational Therapist with thirteen years of clinical experience spanning hospitals, schools and community services in both the UK and South Africa. She has a broad and in-depth expertise in the assessment, treatment and rehabilitation of children with complex neurological, developmental and orthopaedic presentations. Her clinical practice has encompassed cerebral palsy, acquired and birth brain injury, spinal and orthopaedic trauma, autism spectrum disorder, ADHD, Down Syndrome, global developmental delay, developmental coordination disorder, genetic syndromes, sensory processing difficulties and stroke. She also has experience supporting children with combined visual and hearing impairments.

Her career demonstrates consistent engagement with highly complex cases. She has led rehabilitation for children aged 0–11, frequently with multifaceted and long-term needs, and has supported families through transitions between home, nursery, school and specialist educational settings. She has particular experience in cases where physical, cognitive and psychological needs co-exist, including anxiety and behavioural challenges within autism. Her practice integrates advanced functional assessment, evidence-based intervention, long-term care planning and rehabilitation aimed at maximising independence and participation.

Nandi worked for five years in South Africa as an Expert Witness within the medico-legal field, preparing impartial assessments and detailed reports for both Claimant and Defendant in litigation connected to the Road Accident Fund. These instructions included adults as well as children with complex orthopaedic, neurological and psychological sequelae of trauma. Her reports combined robust clinical analysis with a clear opinion on functional limitation, rehabilitation potential and long-term care requirements.

As a Case Manager, she brings additional strength in coordinating and delivering comprehensive care and rehabilitation packages. She has designed and overseen programmes involving multidisciplinary teams of physiotherapists, occupational therapists, speech and language therapists, music therapists, continence nurses, visual and sensory specialists and educational staff. She has also held a leadership role as Clinical Team Lead for a community-based children's service, responsible for NHS Health and Local Authority SEND pathway delivery.

Nandi maintains her expertise through active clinical practice, leadership responsibilities and postgraduate study. She is currently undertaking a Masters in Sensory Beginnings, focused on sensory-informed early years intervention, and actively engages with research and professional networks. Nandi is fully trained in the Civil Procedure Rules, including relevant revisions as they arise.

Specialisms

- Brain Injury (ABI/TBI)
- Cerebral Palsy
- Hypoxia/anoxia
- Neurological conditions
- Sensory impairments
- Epilepsy
- Orthopaedic & MSK injuries/conditions
- Care package management

Age group

- Children

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Career history

- Clinical Team Lead, Paediatric Occupational Therapist
First Community Health & Care, Surrey 2021 - 2024
- Clinical Specialist, Paediatric Occupational Therapist
First Community Health & Care, Surrey 2020-2021
- Paediatric Occupational Therapist
First Community Health & Care, Surrey 2019-2020
- Independent Occupational Therapist
Nandi Van Zyl Occupational Therapist (South Africa) 2014-2019
- Locum Occupational Therapist
Leazanne Toerien Occupational Therapist (South Africa) 2017-2019
- Locum Occupational Therapist
Keyser and Malan Incorporated (South Africa) 2015-2017
- Locum Occupational Therapist
Liesel Keyser Occupational Therapists (South Africa) 2015
- Locum Occupational Therapist
Natania Delay Occupational Therapist (South Africa) 2015
- Paediatric Occupational Therapist
Reinie Smith Arbeidsterapeute (South Africa) 2014-2015
- Junior Occupational Therapist
Summit Rehab (South Africa) 2014
- Occupational Therapist
Leratong Hospital (South Africa) 2013

Qualifications

- Master in Early Childhood intervention (MECI) from the University of Pretoria, National Degree Certificate (Postgraduate), 2016
- Bachelor of Occupational Therapy, University of Pretoria, National Degree Certificate, 2012

Professional Memberships

- HCPC Registered
- RCOT
- CMSUK



Harrison
Associates

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