



Professional Background

Gemma Kenney brings nearly two decades of diverse experience as an Occupational Therapist, with a focused expertise in rehabilitation for adults with traumatic injuries, including amputations, spinal and brain injuries. Her early career centred on housing, equipment, and major adaptations for individuals with long-term disabilities, providing a solid foundation for her subsequent specialisation in acute rehabilitation sectors. Throughout her career, Gemma has handled a wide range of complex cases, from traumatic injuries requiring immediate and intensive rehabilitation to degenerative conditions like motor neurone disease and multiple sclerosis. Her work involves integrating care for physical disabilities with the management of cognitive and mental health issues such as dementia and depression. Her clinical practice not only includes direct patient care but also commissioning and managing tailored care packages and writing comprehensive care plans, ensuring holistic management of each case.

Gemma's clinical skills are underscored by her proficiency in assessing and addressing the multifaceted needs of patients with severe injuries and chronic conditions. Her expertise spans from acute hospital settings to community-based rehabilitation, allowing her to deliver comprehensive occupational therapy that enhances functionality and quality of life. Gemma's hands-on experience in the acute sector, particularly in trauma and orthopaedics, has honed her ability to quickly evaluate patient needs and implement effective, evidence-based therapeutic interventions. This depth of experience makes her exceptionally qualified to address complex rehabilitation needs and testify as an Expert Witness.

As a leader, Gemma has been at the forefront of a community rehabilitation team, emphasising early intervention and maximising independence at home. Her leadership in navigating a multidisciplinary team through a successful CQC inspection that earned an outstanding rating highlights her competence in service management. Gemma's combination of clinical expertise, leadership in rehabilitation, and active engagement in professional development positions her as a valuable Expert Witness in cases requiring detailed understanding of occupational therapy and rehabilitation.

Gemma is fully trained in the Civil Procedure Rules, including relevant revisions as they arise. She actively maintains her continuing professional development via a range of training opportunities.

Specialisms

- Neurological conditions & injuries
- Spinal cord & peripheral nerve injury
- Mental health & learning disability
- Orthopaedic & MSK injuries
- General medical & surgical conditions
- Respiratory conditions
- Amputations
- Pain conditions
- Sensory impairment
- Cancer and palliative care
- Environmental/housing adaptations
- Housing Specialist
- Specialist equipment provision

Age group

- Adults



Career history

- Clinical Director
Ocupa Ltd
2025 - Present
- Associate Occupational Therapist
The OT Practice
October 2023 - Present
- Associate Occupational Therapist
Inclusion
January 2024 - Present
- Assistant Team Manager & Occupational Therapist
Portsmouth City Council
December 2020 - Present
- Specialist Occupational Therapist
NHS University Hospital Southampton
January 2019 - January 2021
- Senior Occupational Therapist
Hampshire City Council
April 2012 - April 2015
- Senior Occupational Therapist
West Sussex County Council
January 2011 - April 2012
- Occupational Therapist
West Sussex County Council
July 2006 - January 2011

Qualifications

- Winchester University
MSc Module Advanced Clinical Practice
2023
- Cardiff University
BSc.(Hons) Occupational Therapy
2003 - 2006
- Brunel University London
PG Cert. Professional Practice
2011

Professional Memberships

- Royal College of Occupational
Therapists (RCOT)
- HCPC
- British Geriatrics Society (BGS),
Allied Health Professions Member

