



Professional Experience

Jack is an accomplished Physiotherapist with almost a decade of broad clinical experience across musculoskeletal, orthopaedic and neurological rehabilitation. He has established particular expertise in the assessment and rehabilitation of individuals with both upper and lower limb loss and has extensive knowledge of prosthetics and advanced rehabilitation devices. As Lead Clinician at one of the UK's largest regional limb centres, Jack is responsible for the delivery of highly specialised rehabilitation programmes, combining technical proficiency in prosthetics with advanced physiotherapy practice to optimise mobility, function and independence. In this capacity, he also undertakes service development, supervises and trains physiotherapists, and ensures compliance with national clinical guidelines. His leadership extends to Public Relations Officer for North East on the British Association of Chartered Physiotherapists in Limb Absence Rehabilitation (BACPAR) committee, contributing to national standards in limb loss rehabilitation.

His clinical practice is characterised by breadth as well as depth. Earlier in his career, Jack managed complex caseloads within general surgery wards, working with patients following major trauma, orthopaedic intervention and amputation. He has also delivered rehabilitation within spinal injury and burns units, as well as leading services for acute stroke, cardiac rehabilitation, respiratory care, and community rehabilitation. This has included providing unsupervised on-call respiratory physiotherapy across intensive care and acute settings, further evidencing his capacity to work autonomously with critically ill patients. His experience extends to musculoskeletal outpatients, pain management and exercise rehabilitation, supporting patients with both acute and long-term conditions to restore function and quality of life.

Jack has also undertaken associate work with private prosthetic and orthotic providers, delivering specialist rehabilitation to patients using high-end prosthetic and orthotic devices. This role requires advanced clinical reasoning and technical expertise to maximise patient outcomes, particularly where complex presentations demand highly individualised interventions. His practice consistently integrates functional health assessment, risk management and health promotion, ensuring that rehabilitation plans are both clinically robust and aligned to long-term wellbeing.

Jack draws on this comprehensive clinical background to prepare impartial, evidence-based reports. He is trained in the Civil Procedure Rules, including relevant revisions, and maintains a rigorous programme of continuing professional development to ensure his practice remains current and authoritative. He accepts instructions for both adult and paediatric cases.

Specialisms

- Physiotherapy
- Upper & Lower Limb Loss
- Prosthetics
- Musculoskeletal Issues
- Traumatic Injuries
- Exercise Rehabilitation
- Clinical Risk Management
- Pain Management
- Orthopaedics

Age group

- Adults
- CYP



Career history

- Specialist Limb Loss Physiotherapist 2024 - Present
Proactive Prosthetics
 - Providing specialist rehabilitation with people who have suffered limb loss and other significant injuries following major trauma.
- Expert Witness 2024 - Present
Harrison Associates
- Leeds Teaching Hospitals 2020 - 2025
Specialist Physiotherapist (Prosthetics) (Band 7)
 - Clinical Lead Physiotherapist at the Regional Prosthetics Centre, delivering rehabilitation for a broad range of patients with limb loss.
 - Supervise a small team of Physiotherapists, including training, teaching, peer supervision and career development.
 - Lead service development and ensure full adherence with all relevant NHS clinical guidelines.
 - Liaise with patients, carers and other services regarding patient care.
- Specialist Physiotherapist (Prosthetics) (Band 6) 2018 - 2020
Leeds Teaching Hospitals
 - Led the assessment and rehabilitation of patients with limb loss, utilising prosthetic devices to improve function, mobility and quality of life.
 - Collaborated with other services to facilitate the delivery of holistic and integrated patient care.
 - Supported service development and audit activities.
 - Supervised junior staff and student Physiotherapists.
- Senior Physiotherapist (Prosthetics/Surgery) (Band 6) 2015 - 2018
Mid Yorkshire Hospitals NHS Trust
 - Spearheaded an outpatient prosthetics rehabilitation clinic at a local centre.
 - Managed a complex inpatient caseload within busy general surgery wards.
 - Completed regular respiratory on calls and unsupervised weekend respiratory work across ICU, Acute, Respiratory, Spinal Injury and Burns units.
- Physiotherapist (Rotational) (Band 5) 2014 - 2015
Mid Yorkshire Hospitals NHS Trust
 - Completed rotations across a variety of specialities, including MSK Outpatients, Respiratory, ICU, Acute Stroke Rehabilitation, Cardiac Rehabilitation and Community Rehabilitation.

Jack Cawood

Expert Witness
Physiotherapist

Yorkshire



Qualifications

- Postgraduate Diploma Specialist Physiotherapy Practice
- BSc (Hons) Physiotherapy

Professional Memberships

- Chartered Society of Physiotherapists
- Health & Care Professions Council
- British Association of Chartered Physiotherapists in Limb Absence Rehabilitation



Harrison
Associates

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