



Professional Experience

Lewis is an experienced Physiotherapist with fourteen years of clinical practice specialising in complex musculoskeletal conditions. His career spans NHS outpatient departments, community MSK services, advanced practitioner posts and private sector work, giving him extensive exposure to both acute and chronic presentations. His practice centres on specialised assessment, diagnosis and management of MSK disorders, including lower-limb sporting injuries, meniscal and ligament tears requiring surgical input, upper-limb conditions such as carpal tunnel syndrome, and spinal pathology including severe spinal stenosis requiring advanced imaging and surgical work-up. He also treats patients with chronic, widespread pain and functional limitation where psychological factors such as anxiety, depression and PTSD influence presentation.

As an Advanced Practice Physiotherapist, Lewis manages a complex caseload autonomously, providing detailed assessment, clinical reasoning and evidence-based treatment. His role includes coordinating investigations such as MRI, ultrasound, X-ray and blood tests, and liaising with neurosurgery, orthopaedics, rheumatology and interventional radiology to ensure accurate diagnosis and timely progression of care. He performs specialist referral triage to support efficient service flow and maintains diagnostic accuracy through advanced training in MSK pathologies, imaging interpretation, injection therapy and radiation safety.

Lewis has extensive experience in community and outpatient rehabilitation, delivering comprehensive assessment and tailored intervention for complex or persistent symptoms. He has developed targeted rehabilitation programmes, held senior posts requiring autonomous decision-making and service development, and worked in private practice in the Netherlands managing an independent caseload within a different healthcare system. His active participation in audit, governance and clinical education additionally reflects his commitment to maintaining the highest standards of clinical reasoning and reporting within his scope of practice. He maintains a strong commitment to evidence-based practice through structured CPD, consultant-led teaching and accredited training, and contributes to audit, governance and clinical education. Lewis is fully trained in the Civil Procedure Rules and provides objective analysis across the full range of MSK and neurological presentations.

Specialisms

- Spinal cord & peripheral nerve injury
 - Cauda equina
 - Neuromuscular disorders
- Orthopaedic & MSK injuries
 - Upper limb/Lower Limb
 - Joint replacement
 - Osteoarthritis/Rheumatology
 - Multi/poly-Trauma
- Pain Conditions
 - Chronic pain
 - Fibromyalgia
 - Neuropathic pain
 - Pain Management

Age group

- Adults



Career history

- Advanced Practitioner Physiotherapist, Band 8A 2021 - Present
London North West University Healthcare NHS Trust, London
 - This role focuses on optimising patient outcomes and streamlining onward referral pathways by coordinating key diagnostic investigations, including blood tests and advanced imaging, to ensure accurate and timely clinical decision-making. Lewis works closely with consultant specialists in Orthopaedics, Neurosurgery, Rheumatology and related fields to support seamless multidisciplinary care. He independently manages a complex musculoskeletal caseload within an integrated MSK service, delivering specialised assessment, diagnosis and treatment underpinned by advanced clinical reasoning and evidence-based practice. His responsibilities include prioritising and triaging referrals according to clinical urgency, maintaining efficient service delivery, and upholding high standards of patient care. Lewis also leads and contributes to clinical governance and audit initiatives that drive continuous service improvement and strengthen the quality and safety of clinical practice.
- Musculoskeletal Community Outpatient Physiotherapist, Band 7 2018 - 2021
London North West University Healthcare NHS Trust, London
 - Delivered comprehensive and specialised physiotherapy assessments and diagnoses for patients with complex presentations, employing advanced clinical reasoning, evidence-based expertise, and specialised manual techniques to optimise patient outcomes. Efficiently managed and prioritised the triage of referrals based on clinical appropriateness and urgency, ensuring seamless service delivery within the musculoskeletal service. He collaborated effectively with senior staff and Extended Scope Practitioner (ESP) clinicians both within the team and across the wider service to provide coordinated, patient-centred, evidence-based care. Organised his time efficiently to balance patient management, scheduling, and additional responsibilities, ensuring effective use of resources and consistently high standards of service delivery.
- Musculoskeletal Community Outpatient Physiotherapist, Band 6 2018
Guy's and St Thomas' NHS Foundation Trust, London
 - Delivered comprehensive physiotherapy assessments and diagnoses for patients presenting with diverse and complex conditions, utilising advanced clinical reasoning and evidence-based practice to optimise outcomes. Communicated effectively with patients, empowering them to make informed decisions about their condition management and actively engaging them in achieving their treatment goals.



Career history

- Musculoskeletal Community Outpatient Physiotherapist, Band 7 2017 - 2018
London North West University Healthcare NHS Trust, London
 - Conducted thorough and specialised physiotherapy assessments and diagnoses for patients with diverse and complex presentations, applying advanced clinical reasoning, evidence-based knowledge, and specialised manual techniques to optimise patient outcomes. Efficiently managed and prioritised referral triage based on clinical appropriateness and urgency, ensuring seamless and high-quality service delivery within the musculoskeletal service. Collaborated closely with senior staff and Extended Scope Practitioner (ESP) clinicians within the team and across the service to deliver coordinated, patient-centred, and evidence-based care.
- Musculoskeletal Physiotherapist 2016 - 2017
Fysioworld Amsterdam, Amsterdam
- Musculoskeletal Outpatient Physiotherapist, Band 6 2016
Leeds Community Healthcare NHS Trust, Leeds
- Musculoskeletal Outpatient Physiotherapist, Band 6 2015
Bradford Hospitals NHS Trust, Bradford
- Musculoskeletal Outpatient Physiotherapist, Band 6 2014 - 2015
Leicestershire NHS Partnership Trust, Leicester
- Musculoskeletal Physiotherapist 2011 -2014
Paul Gough Physio Rooms, Hartlepool

Qualifications

- Bachelor of Science Physiotherapy, Second-class Honours, upper division (2:1). Sheffield Hallam University, Sheffield, 2011
- Advanced Physiotherapy Practitioner Skills, Distinction. Brunel University, London, 2021
- Ionising Radiation (Medical Exposure) Regulation (IRMER), Passed. Health Education England. Refresher course in July 2023
- Musculoskeletal Pathologies: Image recognition for healthcare professionals, Merit. University of Hertfordshire, Hertfordshire, 2024
- Soft Tissue and Injection therapy – Injecting course. Results pending. University of Essex. Essex, 2025

Professional Memberships

- HCPC
- CSP

