

Rachel Mayne

Expert Witness
Occupational Therapist

Merthyr Tydfil



Professional Background

Rachel Mayne is a highly experienced Occupational Therapist, bringing nearly a decade of comprehensive expertise to her role as an Expert Witness. Currently serving on a Highly Specialist Community Huntington's Disease team, Rachel has honed her skills across diverse healthcare settings, including Substance Abuse, Community Physical Reablement, Mental Health Liaison, Hospital Complex Care, Trauma & Orthopaedics, and Vascular Care. Her profound understanding of both physical and mental health challenges enables her to deliver expert care and support to individuals with complex needs.

Her clinical proficiency extends to managing a wide array of conditions such as brain injuries, Parkinson's disease, stroke, and functional neurological disorders. Rachel also specialises in genetic disorders, dementia, Alzheimer's disease, and progressive neurological conditions, applying her extensive knowledge to optimize care plans and therapeutic interventions.

Rachel is particularly adept in managing tetraplegia, orthopaedic injuries, and amputations, incorporating advanced techniques in chronic and neuropathic pain management. She enhances her therapeutic approaches with specialised skills in environmental and housing adaptations, specialist equipment provision, and seating and posture management to ensure comprehensive patient support and increased independence.

In her leadership roles, Rachel effectively coordinates multidisciplinary teams to create integrated care pathways for her patients. She also contributes to the training and development of healthcare professionals, ensuring high standards of care across the board. Her dedication and holistic approach make her a valuable asset in any clinical setting.

As an Expert Witness, Rachel integrates her clinical insights with meticulous legal understanding, consistently producing clear, detailed, and evidence-based reports. She maintains her expertise through continuous professional development, attending seminars and training that keep her at the cutting edge of her field. Rachel is fully trained in the Civil Procedure Rules, including relevant revisions as they arise.

Specialisms

- Neurological conditions
- Sensory impairments
- Respiratory conditions
- Pain conditions
- Amputations
- Burns
- Specialist equipment provision
- Orthopaedic & MSK injuries, conditions
- General medical & surgical conditions
- Frailty & emergency medicine
- Anxiety and mood disorders
- Palliative and end of life care

Age group

- Adults



Career history

- Senior Occupational Therapist 2021 - Present
Aneurin Bevan University Health Board
 - Lead the assessment and treatment of patients as a member of a Highly Specialist Community Huntington's Disease Team.
 - Developed evidence-based interventions in alignment with the individual's unique occupational and functional needs.
 - Complete home visits to assess individuals' environments and provide advice, guidance and equipment. Deliver support groups and training for care staff regarding the complex needs of service users. Build positive and productive working relationships with primary, secondary and tertiary care providers.
- Band 6 Occupational Therapist 2017 - 2021
Cwm Taf Morgannwg University Health Board
 - Completed rotations across Mental Health Liaison, Community Physical Reablement, Hospital Complex Care, Trauma & Orthopaedics and Vascular Care.
- Band 5 Occupational Therapist 2016 - 2017
Cardiff and Vale University Health Board
 - Covered mental health and physical rotations, managing an inpatient and community mental health caseload and conducting complex physical rehabilitation and discharge planning.
 - Conducted assessments and issued equipment as necessary.
 - Completed home visits with patients and environmental visits with carers.
- Occupational Therapist 2014 - 2016
Partnerships in Care (Llanarth Court Hospital)
 - Supported clients experiencing substance abuse issues, including liaising with medical, welfare, educational and other agencies regarding referrals and service provision. Documented discovered behaviour patterns and relationship dynamics to inform accurate and effective treatment planning.
 - Assisted clients in accessing relevant community services, including education, training and employment services.
 - Operated as a Specialist Personality Disorder Occupational Therapist on a medium security male ward.
 - Produced accurate and holistic reports for MDT and CPA meetings.
- Bank Occupational Therapist 2014 - 2014
Cygnet Health Care (Kowstoke Hospital)

Qualifications

- BSC Occupational Therapy 2016
- BA Hons Criminology 2004

Professional Memberships

- HCPC
- BAOT

