

# Rebecca Taylor

Expert Witness  
Occupational Therapist

Essex



## Professional Experience

Rebecca Taylor stands out with over a decade of experience in Occupational Therapy, specialising in physical impairments for adults. Her focus areas include a wide range of conditions such as brain injury, spinal injury, cerebral palsy, stroke, amputation, and multiple sclerosis. Rebecca's expertise is particularly notable in managing complex cases involving adults aged 18-65, including those with concurrent mental health issues and learning disabilities, as well as those exhibiting complex behaviour as a result of brain injuries.

Rebecca has developed and coordinated some of the most intricate care packages, drawing on her extensive experience in the local authority sector. Her work often involves collaborating with a multi-disciplinary team of professionals to develop comprehensive care and support plans, as well as individualised rehabilitation packages, tailored to the unique needs of each adult she supports.

Rebecca's commitment to maintaining her clinical and case management skills is evident through her regular participation in a wide array of training and CPD opportunities. These range from Mental Capacity Act and Safeguarding Adults training to assistive technology training, which enables her to stay abreast of the latest advancements in her field.

With over 10 years of experience, predominantly within the local authority and supporting hospital discharges, Rebecca has honed her skills in the community setting and has played a critical role in the Neuro Pathway from rehabilitation hospitals. Her leadership experience as a senior practitioner includes supervising Occupational Therapists and Social Workers and managing her team in the absence of her manager. Notably, she has been instrumental in representing the local authority on the Neuro pathway, contributing significantly since its pilot phase about six years ago.

Her communication skills are pivotal in building strong professional and therapeutic relationships, ensuring effective coordination within complex cases and multi-disciplinary teams. Rebecca's organizational skills are marked by her focus and ability to meet high standards while adhering to deadlines, contributing to her effectiveness and efficiency in case management.

Rebecca is fully trained in the Civil Procedure Rules, including relevant revisions as they arise. She actively maintains her continuing professional development via a range of training opportunities.

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## Specialisms

- Neurological conditions & injuries
- Orthopaedic & MSK injuries, conditions
- Amputations
- Mental health & learning disability
- Pain conditions

## Age group

- Adults



## Career history

- Senior Occupational Therapist January 2014 to Present  
Essex County Council
  - Rebecca has worked within Social Care since graduating from university in 2013. She has worked with Older Adults, Adults with Learning Disabilities, Physical Disabilities, Mental Health issues, and Sensory needs. As a senior practitioner in a team of social workers, she completes front-line work and manages a complex caseload. Her responsibilities include working on safeguarding, conducting Mental Capacity Act Assessments, Continuing Health Care Checklists, Care Act Assessments, Occupational Therapy Assessments, moving and handling risk assessments, and functional assessments. She also provides peer support and supervision to staff within the team. Together with her manager, Rebecca explores ways to improve the quality of support and interactions with the adults they support. She has contributed to service improvement projects within the team. Recently, she participated in the Neuro Pathway Pilot, which, due to its success, is now being implemented Essex-wide. Rebecca supports adults in transitioning from brain injury rehabilitation centers and hospitals back into the community.

## Qualifications

- Bachelor's degree in Occupational Therapy University of Essex  
September 2009 to June 2013
- Qualified DoL's Assesor, 2025

## Professional Memberships

- HCPC November 2023 to October 2025  
Registration number OT68159

