

Rutendo Kadzirange

Expert Witness
Occupational Therapist

Preston



Professional Background

Rutendo is an Occupational Therapist with nearly a decade of clinical experience across reablement, community and short-term support services. She has assessed and rehabilitated adults with a wide range of neurological, functional and complex physical conditions, including stroke, traumatic brain injury, progressive neurological disorders, amputations, orthopaedic injuries and deconditioning. Her experience also extends to individuals with long-term conditions, frailty, chronic pain and catastrophic injuries requiring structured and sustained rehabilitation planning.

Rutendo has a strong background in complex casework involving adults and older adults with high levels of need. She has managed cases involving Alzheimer's disease, Vascular dementia, Parkinson's disease and stroke, incorporating cognitive impairment, fluctuating functional ability and co-existing mental health challenges such as anxiety, depression and behavioural changes. Her practice focuses on detailed functional assessment, goal-directed intervention and safe progression of independence in daily activities and mobility. Her care experience is extensive and central to her clinical practice. She has coordinated, reviewed and managed care packages across rehabilitation and community OT services, ensuring that clients receive the appropriate level of support following hospital discharge. This has included planning and implementing personalised care pathways, identifying equipment and environmental adaptation needs, and ensuring that carers and family members receive clear, practical guidance. She routinely develops and updates moving and handling plans, provides training in the safe use of hoists and transfer equipment, and ensures ongoing monitoring of risks within the home environment. Her work frequently involves supporting clients with safeguarding needs, functional decline, mobility difficulties and complex social circumstances, ensuring continuity of care and reducing the risk of hospital readmission.

Rutendo's experience also includes the development of personalised reablement programmes aimed at restoring independence in activities of daily living, community participation and home safety. Rutendo is fully trained in the Civil Procedure Rules, including relevant revisions as they arise. She maintains her professional expertise through ongoing CPD, reflective practice and mentoring within clinical teams.

Specialisms

- Brain Injury & Functional neurological disorder
- Progressive Neurological Conditions
- Cognitive disability
- Neuromuscular disorders
- Tetraplegia & Paraplegia
- Amputations (upper/lower limb multi-limb)
- Complex Orthopaedic and MSK injuries
- Osteoarthritis
- Pain Conditions
- General Medical Conditions
- Respiratory issues
- Cancer and palliative care
- Adults

Age group



Harrison
Associates

enquiries@harrison.associates
020 8998 2992



Career history

- Occupational Therapist 2024 – Present
Lancashire County Council
 - Coordinated and delivered short-term interventions to support clients in regaining functional independence following illness or hospital discharge. Conducted detailed assessments to identify physical, cognitive, and environmental factors that affect performance, and implemented tailored care plans that promote safe and sustainable community living. Worked closely with multidisciplinary teams, service providers, and family members to ensure effective care planning, risk management, and continuity of support.
- Reablement Occupational Therapist 2023 - 2024
East Ayrshire Council
 - Conducted functional assessments of service users being discharged from the hospital with a view to enabling clients to regain functional ability
 - OT standardised and non-standardised assessments, conducting functional assessments, goal setting to enable meaningful occupations, treatment planning and implementation and evaluating outcomes
 - Allocated cases and delegated responsibilities to the OT assistants, whilst also effectively and autonomously managing a caseload, ensuring they reach their potential through addressing occupational performance needs and skill deficits
 - Multidisciplinary collaboration: liaised with other healthcare professionals such as GPs, social workers, pharmacy technicians and physiotherapists to ensure positive outcomes for all patients
- Community Occupational Therapist 2019 - 2023
East Ayrshire Council
Prior to secondment, worked as a Community OT with people with an array of complex needs and medical conditions. In this role I gained sound knowledge of various equipment and adaptations that are available on the market and awareness of the contradictions of these when considering clinical reasoning and prescriptions.
- Reablement Occupational Therapist 2017 - 2019
North Ayrshire Council

Qualifications

- Glasgow Caledonian University
BSc (Hons) Occupational Therapy, 2017

Professional Memberships

- Health and Care Professionals Council
OT 75122
- Royal College of Occupational Therapy