

Lindsay Tarasconi

Expert Witness
Occupational Therapist

Pembrokeshire



Professional Background

Lindsay Tarasconi has amassed over a decade of dedicated clinical experience in occupational therapy, with a specialised focus on neurological rehabilitation, spinal cord injury, and major trauma. Throughout her career, Lindsay has adeptly handled complex conditions ranging from traumatic brain injuries and stroke to multiple sclerosis and cerebral palsy, ensuring comprehensive treatment plans that address both physical impairments, cognitive impairments and psychological needs. Her expertise extends to managing secondary conditions such as dementia and chronic pain, enhancing her ability to provide holistic care to a diverse patient demographic.

In her professional practice, Lindsay has demonstrated significant skills in treating and managing complex neurological cases. Her experience includes working with individuals who have undergone catastrophic physical changes, necessitating detailed care plans and specialised therapeutic interventions. Particularly noteworthy is her work with patients suffering from traumatic brain injuries intertwined with mental health disorders such as depression and anxiety as a secondary diagnosis, which require an integrated approach to manage effectively.

Lindsay's proficiency in occupational therapy is complemented by her extensive involvement in coordinating multidisciplinary teams to enhance patient outcomes. She has been integral in MDT settings managed by case managers, collaborating closely with various healthcare professionals including rehabilitation consultants, physiotherapists, and psychologists. This collaborative approach has been crucial in setting goals and monitoring the progress of clients, particularly in complex rehabilitation scenarios.

Her ongoing commitment to professional development is evident in her recent completion of a Master of Science in Advanced Clinical Practice in Neurological Rehabilitation, alongside regular participation in specialized training and conferences to stay abreast of the latest practices in her field.

Lindsay is fully trained in the Civil Procedure Rules, including relevant revisions as they arise. She actively maintains her continuing professional development via a range of training opportunities.

Specialisms

- Brain Injury
- Neurological conditions
- Spinal Cord Injury
- Orthopaedic & MSK injuries
- Amputations

- Catastrophic Injuries
- Cognitive disability
- Cancer
- General medical & surgical conditions
- Sensory impairment
- Respiratory conditions

Age group

- Adults



Career history

- Expert Witness 2024 - Present
Harrison Associates
- Private Associate Occupational Therapist January 2016 – Present
The OT Centre
- Private Associate Occupational Therapist October 2022- Present
Enable Therapy Services
- Clinical Lead Occupational Therapist June 2023- Present
Withybush Hospital
Hywel Dda University Health Board
- Clinical Lead Occupational Therapist April 2022- June 2023
Cancer Prehab
Hywel Dda University Health Board
- Specialist Occupational Therapist and Team Lead June 2020- April 2022
Neuromuscular Long Term Ventilation Service
University Hospital of Wales
Cardiff and Vale University Health Board
- Specialist Occupational Therapist, January 2021- April 2021
Neurology & Neurosurgery
University Hospital of Wales, Cardiff
Cardiff and Vale University Health Board
- Specialist Occupational Therapist June 2020- December 2020
Welsh Regional Spinal Injury Centre
Rookwood Hospital, Cardiff
Cardiff and Vale University Health Board
- Specialist Occupational Therapist & Team Lead for Stroke September 2017 – June 2020
Princess of Wales Hospital, Bridgend
Cwm Taf Morgannwg University Health Board
- Senior Stroke Specialist Occupational Therapist December 2014 – September 2017
Ysbyty Cwm Rhondda and Prince Charles Hospital
Cwm Taf University Health Board
- Stroke Specialist Occupational Therapist February 2013 – December 2014
Llandough Hospital, Cardiff
Cardiff and Vale University Health Board

Qualifications

- Plymouth University , 2023
“MSc Advanced Professional Practice in
Neurological Rehabilitation” ,Distinction
- Cardiff University, 2011
“BSc Occupational Therapy”, 1st Class Hons

Professional Memberships

- HCPC
- BAOT
- RCOT

